

# WHITE LIES

Choose the correct words to complete the text.

honesty   trust   pretend   conflict   excuse  
truth   feelings   doubt   sincere   lie

White lies are small lies that people tell to protect someone's (1) \_\_\_\_\_ or to avoid uncomfortable situations. Although many people say they value (2) \_\_\_\_\_, they still use this type of (3) \_\_\_\_\_ in daily life. For example, someone might (4) \_\_\_\_\_ to like a friend's cooking just to be polite.

Some people believe white lies help prevent arguments and reduce (5) \_\_\_\_\_. They think these lies keep conversations smooth and relationships peaceful. In their view, being too direct can hurt others or create unnecessary tension, so a small (6) \_\_\_\_\_ seems harmless.

However, there is a risk. If someone uses too many white lies, people may start to (7) \_\_\_\_\_ their words. Over time, this can damage (8) \_\_\_\_\_, which is essential in any friendship or partnership. Even if a person believes they are being kind, others may feel the person is not being completely (9) \_\_\_\_\_.

In the end, each situation is different. Sometimes telling the (10) \_\_\_\_\_ is the best choice, even if it feels uncomfortable in the moment.