

Reading : "My New Routine"

Level: A2

Student Name:

Instructions:

Read the text. Then choose the correct answer (A, B, or C).

Reading Text:

Since January, Laura has changed her daily routine to live a healthier life. She now wakes up at 6:30 a.m. every day. Before breakfast, she does light exercises for 20 minutes. After that, she eats oatmeal and fruit. Laura goes to work at 8:00 a.m. and returns home at 4:00 p.m. In the evening, she usually cooks dinner and watches a TV show for about an hour. She goes to bed at 10:00 p.m. because she wants to sleep well and have more energy.

Multiple Choice Questions

1. **Why did Laura change her routine?**
 - A) To get more money
 - B) To live a healthier life
 - C) To study more
2. **What does she do before breakfast?**
 - A) She runs for one hour
 - B) She reads a book
 - C) She does light exercises
3. **What time does Laura go to work?**
 - A) 8:00 a.m.
 - B) 6:30 a.m.
 - C) 4:00 p.m.
4. **What does she usually do in the evening?**
 - A) She cleans the house
 - B) She cooks dinner and watches a TV show
 - C) She studies English
5. **Why does she go to bed at 10:00 p.m.?**
 - A) Because she wants to sleep well
 - B) Because she works at night
 - C) Because she doesn't like TV