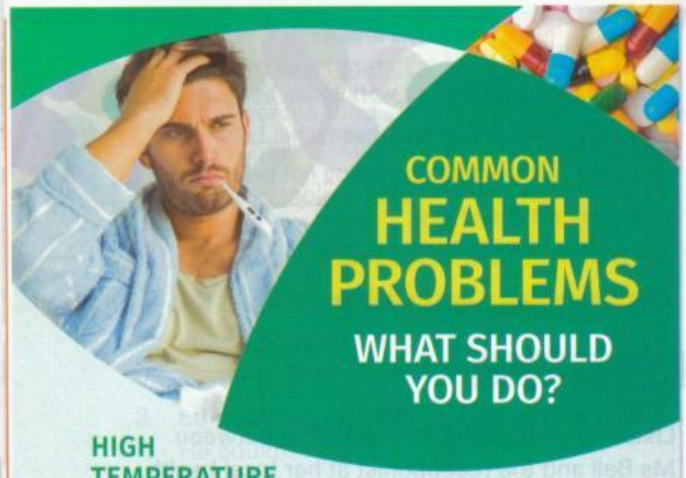
SKILLS EXTRA

1 read the article about helping people with health problems. Then complete the sentences.



COMMON HEALTH PROBLEMS
WHAT SHOULD YOU DO?

HIGH TEMPERATURE

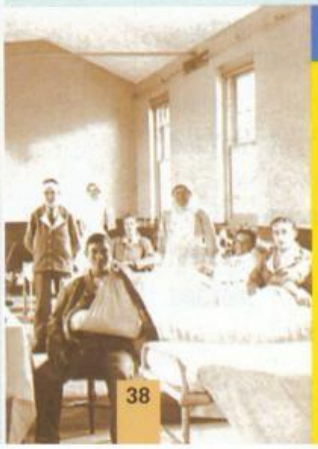
A temperature of over 38° Celsius is a high temperature. A person with a high temperature sometimes has got a headache, feels hot and cold or has got body pains. Help him to feel comfortable and give him a cool drink. He should also take medicine to help the pain. (Remember – you mustn't give aspirin to anyone under the age of 16, without a doctor's advice.)

HEADACHES

You can help a headache with ordinary medicines, such as paracetamol. Occasionally, a person can also have a high temperature, feel confused or have difficulty seeing or moving their arms or legs. In such a situation, the person must get immediate medical attention.

ASTHMA ATTACK

If a person has difficulty breathing and has got a bad cough, it is possible that he is having an asthma attack. Sometimes, it is hard for him to walk or talk. The person should sit down and take his medication. You should also make sure he is calm. In case of a severe attack, the person must get immediate medical attention.



DID YOU KNOW?

Hundreds of years ago, hospitals were not healthy places. In the 1700s, in the Hotel-Dieu, a big hospital in Paris, some rooms had over 100 beds in them and two people often slept in one bed. During the Crimean War, more than 42% of the British soldiers at a military hospital in Turkey died while they were there.

1. A person with a high temperature should drink something ..... .
2. You can take paracetamol for a ..... .
3. A person with a headache sometimes feels ..... .
4. When a person is having an asthma attack, he cannot ..... easily.
5. A person must go to hospital if he is having a ..... asthma attack.

2 Choose the correct answer.

1. Aspirin is not good for . . .
   a. old people
   b. children
   c. confused people
2. You've got a headache and can't move your legs. You should .
   a. go to hospital
   b. take paracetamol
   c. sit down and relax
3. Sometimes, a person with asthma .
   a. can't move his arms
   b. feels hot
   c. can't speak clearly

LIVEWORKSHEETS