

Types of Paraphrasing – Sentence-level Examples

Paraphrasing technique	Examples (sentence level)		
	Original	Paraphrased	Distractor
Type 1 – Lexical Paraphrasing (Thay từ / cụm từ đồng nghĩa)	Students should adopt eco-friendly habits like using less plastic and recycling to protect the planet.	Students should develop green habits such as reducing plastic use and recycling to help safeguard the Earth.	Students can protect the planet simply by recycling, without needing to change other daily habits.
Type 2 – Grammatical Paraphrasing (Thay đổi cấu trúc / loại từ)	Planting more trees can reduce air pollution and create healthier living conditions.	Air pollution can be reduced by planting more trees, which also leads to healthier living conditions.	Healthier living conditions naturally lead to more trees being planted to reduce air pollution.
Type 3 – Negative / Antonym Paraphrasing (Dùng phủ định / trái nghĩa)	If young people raise environmental awareness, they can encourage others to act on climate change.	If young people do not ignore environmental issues, they can motivate others to respond to climate change.	Acting on climate change mainly depends on criticizing people who use renewable energy sources.
Type 4 – General-Specific Paraphrasing (Tổng quát hoá ↔ ví dụ cụ thể)	Using renewable energy such as solar or wind power helps cut carbon emissions and supports a greener future.	Using clean energy sources—for example, solar panels and wind turbines—reduces carbon emissions and promotes a more sustainable future.	Using renewable energy such as solar or wind power mainly helps companies save money, even if it does not reduce carbon emissions.