



Unit 5 – Lesson 8 (1)



J: Jamie T: Tamira

J: I have to give a to the whole school next week about the role of the class

T: That sounds good!

J: No, it doesn't! I'm so! I hate talking to large audiences. I don't feel at all. What should I do?

T: OK, let's think about it.

J: Do you think I tell my teacher that I can't do it?

T: No, don't do that. You can do this! If I you, I'd write notes for your presentation and it a lot with friends. Then you won't feel so nervous.

J: OK ...





Unit 5 – Lesson 8 (2)

T: And I write it all out, just use notes because you will sound more natural.

J: Good idea, thanks. And what about when I give the presentation? I won't know where to look. What you suggest?

T: I'd making eye contact with one person at a time. That way, the will feel smaller and less scary.

J: Yes, I don't think I'd feel so if I talked to one person at a time.

T: Finally, take your time. Before you start, take some long, slow breaths. Then slowly.

J: Thanks so much for your advice and for me. I'm glad I asked you. I think I can do it now!

