HC
English
039 350 3980

1 **Find and circle the words. Then write.**

acoldanearacheacoughastomacheacheafeveraheadacheatoothacheasorethroat

| 1 | 2 | 3 | 4 |
| | | | |

a sore throat _____ _____ _____

| 5 | 6 | 7 | 8 |
| | | | |

_____ _____ _____ _____

2 **Complete. Use the words in Exercise 1.**

What's the matter?

1 2 3 4 5 6
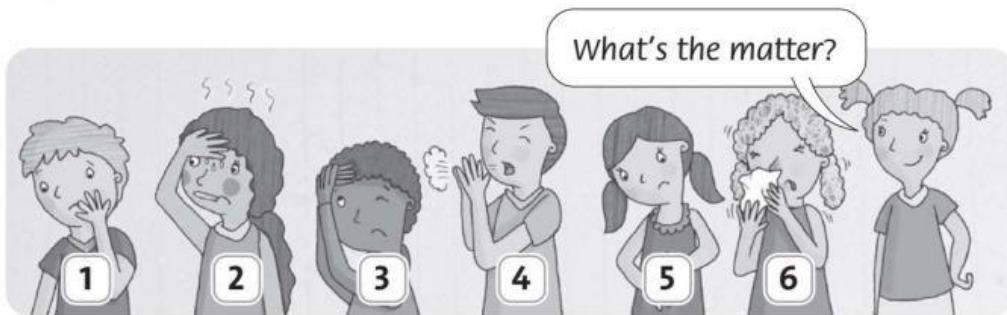
1 He has a t<u>oothache</u>_____.   4 He has a c_____.

2 She has a f_____.   5 She has a s_____.

3 He has a h_____.   6 She has a c_____.

I have a fever.
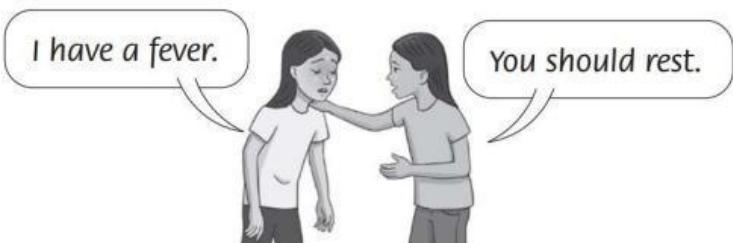
You should rest.

We use **should** and **shouldn't** to give advice. We can use these words to talk about health.

Affirmative

You **should** drink water.

You **should** go to bed.

Negative

You **shouldn't** go swimming.

You **shouldn't** go to school.

We use **Should...?** to ask yes/no questions for advice.

Questions

Should I rest?

Should I play soccer?

Short answers

Yes, you **should**.

No, you **shouldn't**.

We can use **What should...?** to form an open question.

What should I do when I have a fever?

3 Circle.

1   He has **a headache / a stomachache**. What should he do?
    He **should / shouldn't** drink some water. He **should / shouldn't** eat cake.

2   He has **a fever / a cough**. What should he do?
    He **should / shouldn't** play soccer. He **should / shouldn't** go to bed.

3   He has **an earache / a sore throat**. What should he do?
    He **should / shouldn't** go to the doctor. He **should / shouldn't** listen to loud music.

4 What should they do? Write sentences with *should*.

| eat his lunch | ~~drink some water~~ | see the doctor | go to bed |

1 He has a headache.   He should drink some water.

2 He has a stomachache. _____

3 They're tired. _____

4 He's hungry. _____

5 Complete with *should* or *shouldn't*.

Thanh   I have an earache. What ¹___should___ I do?

Doctor   You ²_____ rest.

Thanh   ³_____ I listen to loud music?

Doctor   No, you ⁴_____.

Thanh   ⁵_____ I play outside?

Doctor   No, you ⁶_____.

Thanh   ⁷_____ I go to bed?

Doctor   Yes, you ⁸_____.

6 Look and complete.

| exercise | healthy | ~~strong~~ | sugar |

1 Exercise makes you ___strong___ .

2 Eat _____ food like fruit and vegetables.

3 _____ is bad for your teeth.

4 Running is very good _____ .

7 Complete the chart. Write sentences with *should* or *shouldn't*.

| drink water and milk   ~~eat candy every day~~ |
| eat fruit and vegetables   eat lots of chips |
| ~~get lots of exercise~~ |

How to stay healthy	
Things you should do	Things you shouldn't do
1 You should get lots of exercise.	4 You shouldn't eat candy every day.
2 You should _____ .	5 You shouldn't _____ .
3 _____	

8 What healthy things do you do? Write.

1 _____ I get a lot of sleep. _____

2 I _____

3 _____

4 _____

1 Write the body part.

a sore <u>throat</u>

an _____ache
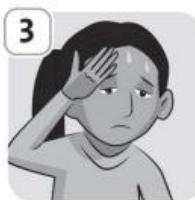
a _____ache

a _____ache

a _____ache

2 Write.

1 Linh has a fever. What <u>should she do</u>?

<u>She shouldn't go to</u> school.

2 I have a cough and a cold. What _____?

You _____ some juice.

3 Ben has an earache. What _____?

_____ loud music.

4 Minh has a stomachache. _____?

_____ cupcakes.

5 I have a sore throat. _____ to the doctor?

Yes _____.

6 She has toothache. _____ eat lots of candy?

_____.

1 Look and write. / 3

| 1 | 2 | 3 | 4 |

____earache____   _____   _____   _____
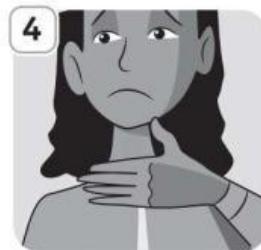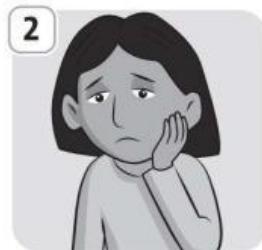
2 Correct. / 4

| ~~chips~~   excercise   healthy   strong   sugar |

1 You shouldn't eat lots of **vegetables**. _____chips_____

2 Milk makes your bones **short**. _____

3 **Water** is bad for your teeth. _____

4 Meat and fish are **bad** foods. _____

5 You should get lots of **candy**. _____

3 Write questions with *should*. Then write the answers. / 8

1 I have a cold. ____Should I____ go to school? ___No, you shouldn't.___

2 Minh has a sore throat. _____ drink water? _____

3 I have an earache. _____ visit the doctor? _____

4 Sally has a stomachache. _____ eat candy? _____

5 Mom has a fever. _____ exercise in the park? _____

_____ / 15

LIVEWORKSHEETS