

My name is: \_\_\_\_\_

**WORKSHEET**

Date: .....



Teacher's feedback

**Task 1: Look and write.**

( )

( )

( )



( )

( )

( )

**Task 2: Read the four short texts below about different hiking experiences. Then, match each question (1-5) with the correct text (A, B, C, or D). You can use any letter more than once.**

**A.** I've always enjoyed the mountains, but last year, I tried a high-altitude trek for the first time in the Himalayas. It was totally different from the weekend hikes I'd done in Europe. The air was so thin that every step was a challenge. We had been walking for six hours when the weather suddenly changed. The temperature dropped by fifteen degrees, and we couldn't see anything. I learned that having the right gear is non-negotiable, and I've been researching specialized equipment ever since. Despite the difficulties, the view from the summit was the most spectacular thing I have ever seen.

**B.** I love hiking, but I don't own any expensive equipment. My best trip was a four-day hike along the coast of Spain. I went with two friends, and we didn't plan much—we just brought a tent and some snacks. The best part was sleeping under the stars every night. We never followed a fixed path; we just walked towards the sound of the ocean. It was completely relaxing, and since the weather was perfect, we didn't even need waterproof jackets. I think the key to a great hike is just enjoying the simplicity and the company.

**C.** I had only been hiking professionally for about five years when I decided to take on the famous Appalachian Trail. I usually prefer short, challenging climbs, but this trail took months. I spent most of the time alone, which was a huge mental challenge. I brought too many clothes, and the heavy rucksack made the first two weeks miserable. I had to send some things back home. I realised that less is definitely more when you're doing long-distance walking. I completed the whole route, though, and I wouldn't trade that feeling of accomplishment for anything.

**D.** My friend suggested a hike in the local forest last month, but I was worried because I am not very fit. I hadn't exercised in over a year. I told her I couldn't do it, but she persuaded me. She walked at my pace and kept reminding me that it wasn't a race. I was surprised at how much I enjoyed the fresh air and the views. I felt a lot stronger by the end of the day. Since that day, I have started jogging three times a week, and I plan to join a hiking club next spring.

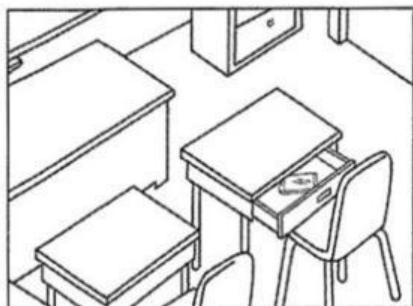
### **Questions**

Which person...

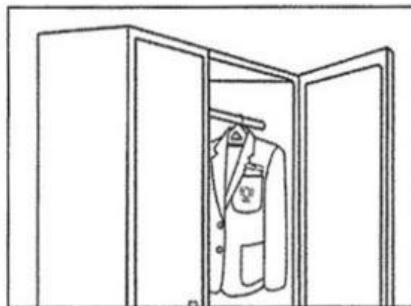
- 1..... mentions the importance of wearing or carrying the correct items?
- 2..... found the physical difficulty related to the high location challenging?
- 3..... changed their regular exercise habits after their trip?
- 4..... learned that carrying too much equipment was a mistake?
- 5..... values the ease and fun of traveling with friends over professional planning?

**Task 3: Listen and choose.**

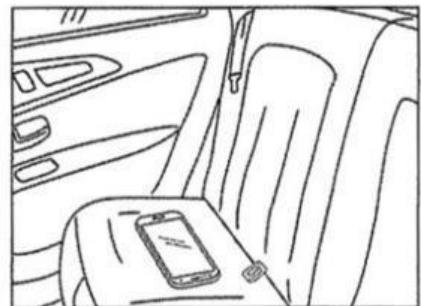
1 Where did the boy find his mobile phone?



A



B

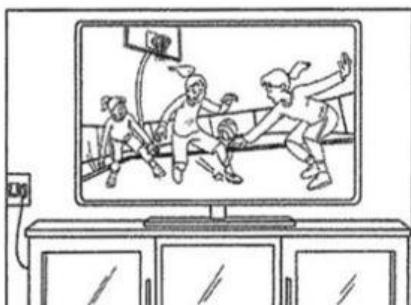


C

2 Which programme does the girl want to watch?



A

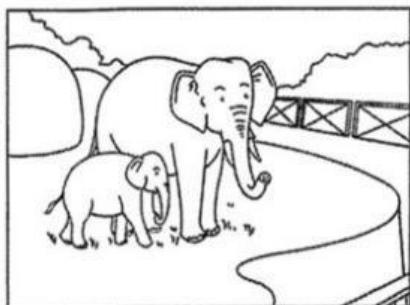


B

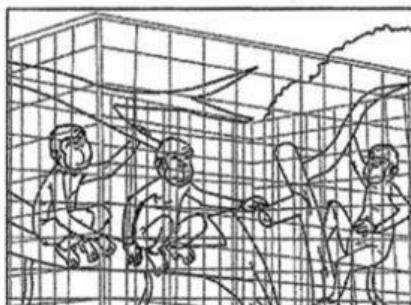


C

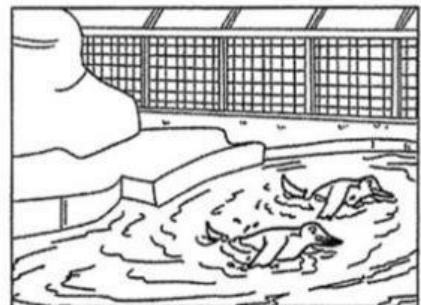
3 Which animals did the girl enjoy seeing the most?



A

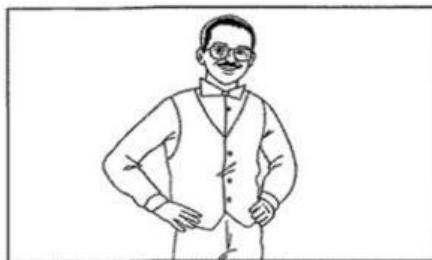


B



C

4 What will the boy look like in his school play?



A

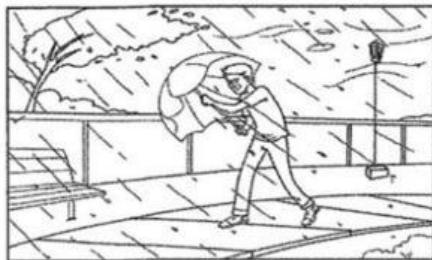


B

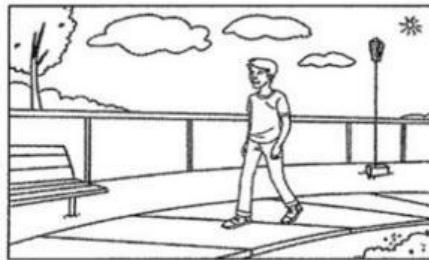


C

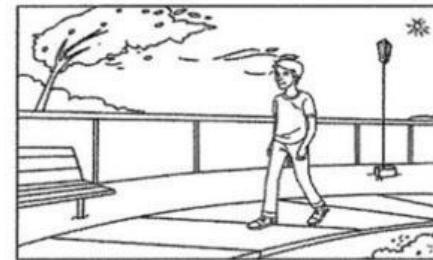
5 What's the weather going to be like tomorrow?



A

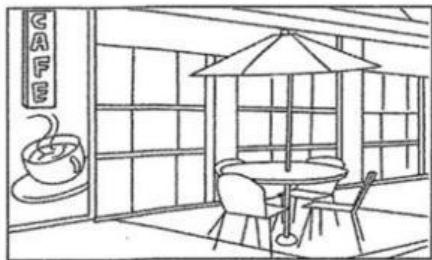


B

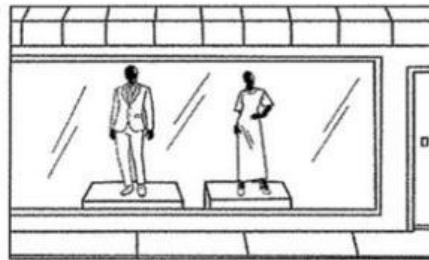


C

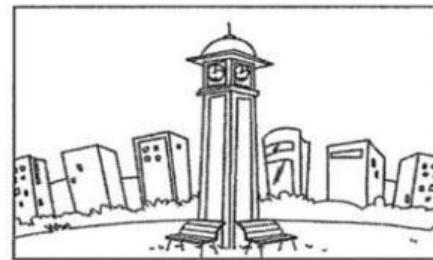
6 Where does the girl want to meet her friend?



A



B



C

7 How much did the book cost?



A



B



C