

### REVIEW UNIT 3: SOUTH AFRICA

**Exercise 1: Listen and circle the word with a different word stress. (Nghe và chọn từ có phát âm khác với các từ còn lại.)**

- |               |              |             |            |
|---------------|--------------|-------------|------------|
| 1. A. dinner  | B. breakfast | C. canteen  | D. sausage |
| 2. A. happy   | B. dirty     | C. thirsty  | D. polite  |
| 3. A. repeat  | B. finish    | C. listen   | D. answer. |
| 4. A. giraffe | B. tiger     | C. monkey   | D. rabbit  |
| 5. A. sunny   | B. become    | C. sandwich | D. cupcake |

**Exercise 2: Listen and complete the text. (Nghe và hoàn thành đoạn văn.)**

#### *Ben's Strange Eating Habit*

Ben is a lazy boy. He often gets up too late to have anything for (1) breakfast. He goes to school with an empty stomach. So, he usually gets very (2) \_\_\_\_\_ before lunchtime. He always has a very big lunch with a lot of (3) \_\_\_\_\_, meat, (4) \_\_\_\_\_ and salads. He drinks two cans of coke at one time. He eats until he is very full. After school, he goes home and watches TV. He rarely does any sport or goes out. For every dinner, he only eats sandwiches and (5) \_\_\_\_\_. He never eats any (6) \_\_\_\_\_. He has such a strange eating habit.

**Exercise 3: Read the text in Exercise 2 again and answer the questions. (Đọc lại đoạn văn ở bài 2 và trả lời câu hỏi.)**

1. Does Ben have breakfast before going to school?

→ .....

2. What does he always have for lunch?

→ .....

3. What does he drink at lunch?

→ .....

4. What does he have for dinner?

→ .....

**Exercise 4: Choose the best answer. (Chọn đáp án đúng.)**

**1. When I am ....., I eat a lot of food like bread and sausages.**

- A. thirsty      B. hungry      C. dirty      D. full

**2. When I am ....., I can drink two glasses of water.**

- A. thirsty      B. hungry      C. delicious      D. mean

**3. Would you like to ..... some pizza?**

- A. wear      B. drink      C. eat      D. have

**4. There ..... sandwiches, hotdogs and some fruit for breakfast.**

- A. is      B. are      C. have      D. cook

**5. Mono often ..... beans, potatoes and bacon for dinner.**

A. eat

B. eats

C. eating

D. are eating

**Exercise 5: Find 10 words of food and drinks.**(Tìm 10 từ về đồ ăn và đồ uống rồi viết lại.)

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | S | X | C | V | S | A | N | D | W | I | C | H |
| S | E | P | G | S | U | S | H | I | O | L | E | C |
| H | O | T | D | O | G | Z | K | M | E | A | I | O |
| B | U | E | R | Y | O | G | U | R | T | T | S | Q |
| A | X | O | U | V | E | S | S | S | A | L | A | D |
| H | E | J | H | A | M | B | U | R | G | E | R | T |
| C | H | E | E | S | E | S | E | S | E | U | T | Y |
| A | P | L | E | P | E | A | C | H | E | T | V | A |
| A | P | A | N | C | A | K | E | C | U | P | T | E |
| M | A | N | G | M | A | N | G | O | T | O | E | S |

1. sandwich

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

**Exercise 6: Use the words to complete sentences.**(Sử dụng các từ gợi ý để viết câu hoàn chỉnh.)

1. In / house, we / often / have / beef noodles / breakfast

→ In my/our house, we often have beef noodles for breakfast

2. Tom / order / big-sized pizza / four toppings / 10 minutes ago

→ \_\_\_\_\_

3. Hello, / I / would like / book / table / 4 people

→ \_\_\_\_\_

4. What / you / eat / party / yesterday

→ \_\_\_\_\_?

5. Meat / be / one / most popular foods / South Africa

→ \_\_\_\_\_

6. Ostrich eggs / be / bigger / chicken eggs / but / taste / same

→ \_\_\_\_\_

**Exercise 7: Read the text and do the tasks.**(Đọc bài văn và làm các bài tập phía dưới.)

### Food Groups

There are five main food groups, and each group has its functions and nutritional value.

Carbohydrates like bread, pasta, potatoes, cereals and rice are the main source of energy for the body. They also give us essential fibre, calcium, iron and vitamins.



Fruit and vegetables consist of apples, oranges, carrots, pears, broccoli ... They give us lots of vitamins and chemicals which help us stay healthy. They also contain fibre to keep our digestive system healthy.





Milk and dairy products such as milk, yoghurt, cheese and other dairy products give us protein and calcium and some vitamins like B12 and vitamin D. Dairy products keep our bones and teeth strong.



Animal and plant protein include meat, fish, eggs, nuts, beans, peas, lentils and soya. They provide us with protein, iron and some other minerals and vitamins. These help the body to grow and repair itself.



Fats and sugars like butter, margarine, oil, cream, chocolate, crisps, soft drinks, sweets, jam, cakes, pudding and biscuits give us a lot of energy but not many nutrients.



**Part A. Read the text and tick T (True) or F (False).**(Đọc đoạn văn và đánh True hoặc False.)

|                                                                         | T                        | F                                   |
|-------------------------------------------------------------------------|--------------------------|-------------------------------------|
| 1. All the food groups have the same functions and nutritional value.   | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 2. The main source of energy for the body is carbohydrates.             | <input type="checkbox"/> | <input type="checkbox"/>            |
| 3. Fruit and vegetables give us a lot of vitamins and fibre.            | <input type="checkbox"/> | <input type="checkbox"/>            |
| 4. We eat milk and dairy products to keep our bones and teeth healthy.  | <input type="checkbox"/> | <input type="checkbox"/>            |
| 5. Meat, fish, eggs, nuts, beans ... don't help the body repair itself. | <input type="checkbox"/> | <input type="checkbox"/>            |
| 6. We can get many nutrients from fats and sugars.                      | <input type="checkbox"/> | <input type="checkbox"/>            |

**Part B: Read the text again and complete the sentences.**(Đọc lại bài văn và hoàn thành các câu phía dưới.)

- Food is divided into five main groups.
- We can also get essential fibre, calcium, iron and \_\_\_\_\_ from carbohydrates.
- Eating fruit and vegetables can keep our digestive system \_\_\_\_\_.
- Animal and plant protein give us protein, \_\_\_\_\_, minerals and vitamins.
- To get protein, \_\_\_\_\_ and vitamin D, we should eat milk and dairy products.
- We can get a large amount of \_\_\_\_\_ from fats and sugars.

**Exercise 8: Write questions for the underline part.**(Viết câu hỏi cho phần gạch chân.)

- How did you go to school yesterday \_\_\_\_\_?  
We went to school by bus yesterday.
- \_\_\_\_\_?  
I like reading comic books at break time.
- \_\_\_\_\_?  
My father drinks beer twice a week.
- \_\_\_\_\_?  
The furniture in my room is expensive.
- \_\_\_\_\_?  
She put the bowl of cereal on the kitchen counter this morning.
- \_\_\_\_\_?  
This pizza costs 120,000 VND.