

★ PHẦN 1 – LÝ THUYẾT (THEORY)

(Ôn tập Grammar – Our World 4, Unit 4)

1. Reflexive Pronouns – Đại từ phản thân

Đại từ	Dạng phản thân
I	myself
You	yourself / yourselves
He	himself
She	herself
It	itself
We	ourselves
They	themselves

a) Cách dùng

- Dùng khi hành động quay lại chính người thực hiện.
- Thường đi với các động từ: **hurt, cut, enjoy, look at, take care of...**

b) Ví dụ

- He cut **himself** while cooking.
- You must take care of **yourself**.
- They enjoyed **themselves** at the picnic.

2. Modal Verb: SHOULD (Advice – Lời khuyên)

a) Cấu trúc

- **Should + V**
- **Shouldn't + V**

b) Cách dùng

- Đưa ra lời khuyên, đề xuất.

c) Ví dụ

- You **should** drink more water.
- She **shouldn't** eat too much candy.

3. Modal Verb: HAVE TO (Obligation – Bắt buộc)

a) Cấu trúc

- **have to / has to + V** = phải, bắt buộc
- **don't have to / doesn't have to + V** = không cần phải

b) Ví dụ

- You **have to** wear a helmet.
- He **doesn't have to** go to school today.

4. Connectors: OR & AND

♦ 1. OR – (hoặc / nếu không thì...)

- Nối hai ý mang tính lựa chọn hoặc cảnh báo.
- Nghĩa: hoặc, nếu không thì.

Ví dụ:

- You should eat healthy food, or you'll get sick.
- Wear a jacket, or you'll catch a cold.

♦ 2. AND – (và / bổ sung thông tin)

- Nối hai ý có tính liên kết, bổ sung.
- Nghĩa: và.

Ví dụ:

- I washed my hands and dried them.
- She took medicine and felt better.
- He stayed home and rested.

5. Comparative Structure: The more..., the more... / the less...

a) Cách dùng

Diễn tả mối quan hệ “càng... càng...”

b) Ví dụ

- The more you study, the better you become.
- The more we exercise, the healthier we get.
- The more sugar you eat, the less healthy you are.

6. Sequence Adverbs – Trạng từ chỉ trình tự

a) Các từ thường dùng

- Firstly
- Secondly
- Finally

b) Ví dụ

- Firstly, wash your hands.
- Secondly, dry them with a towel.
- Finally, clean up the sink.

★ PHẦN 2 – BÀI TẬP (PRACTICE)

Practice 1 – Reflexive Pronouns

Điền đại từ phản thân thích hợp:

1. Be careful or you'll hurt _____.
2. They enjoyed _____ at the sports day.
3. She taught _____ to play the guitar.
4. I cut _____ when I opened the can.
5. The dog cleaned _____ after eating.

Practice 2 – SHOULD / SHOULDN'T

Viết lời khuyên cho từng tình huống.

1. Minh has a sore throat.
→ He should _____.
2. Your friend goes to bed very late.
→ He/She should _____.
3. The students are noisy in class.
→ They shouldn't _____.
4. You want your friend to study more.
→ You should _____.
5. Lan eats too much junk food.
→ She shouldn't _____.

Practice 3 – HAVE TO / HAS TO / DON'T HAVE TO / DOESN'T HAVE TO

1. She _____ take medicine three times a day.
2. We _____ wear uniforms on Sunday. (not necessary)
3. He _____ clean his room before playing games.
4. I _____ go to the doctor tomorrow. (not necessary)
5. They _____ finish the project today.

Practice 4 – Connectors: OR / AND

A. Choose OR or AND

1. You should sleep early, _____ you'll feel tired tomorrow.
2. I cleaned my room _____ did my homework.
3. Don't run too fast, _____ you might fall.
4. She drank warm tea _____ felt much better.
5. Eat more vegetables, _____ you won't be healthy.

B. Rewrite using AND

1. She washed the apples. She cut the apples.
→ She washed the apples _____ cut them.
2. He stayed home. He watched TV.
→ He stayed home _____ watched TV.
3. They played soccer. They had a picnic.
→ They played soccer _____ had a picnic.

C. Rewrite using OR

1. Hurry up. You'll miss the bus.
→ Hurry up, _____ you'll miss the bus.
2. Don't touch the pan. You'll burn your hand.
→ Don't touch the pan, _____ you'll burn your hand.
3. Wear your boots. Your feet will get wet.
→ Wear your boots, _____ your feet will get wet.

Practice 5 – The more..., the more/less...

1. The more you practice English, the _____ you speak.
2. The more fast food you eat, the _____ healthy you become.
3. The more water you drink, the _____ your skin looks.
4. The more he plays video games, the _____ homework he does.
5. The more we exercise, the _____ energy we have.

Practice 6 – Sequence Adverbs

Sắp xếp quy trình:

(1) Wash the vegetables.

(2) Eat your meal.

(3) Cut the vegetables.

→ Firstly, _____

→ Secondly, _____

→ Finally, _____

★ BÀI TẬP NÂNG CAO (Advanced Practice)

◆ Practice 1 – Reflexive Pronouns (Advanced)

A. Correct the mistakes

Mỗi câu dưới đây **đang sai đại từ phản thân**. Hãy sửa lại đúng:

1. He looked at herself in the mirror. _____
2. We must take care of yourself when traveling. _____
3. The children enjoyed himself at the festival. _____
4. I taught themselves how to draw. _____
5. She hurt ourselves playing basketball. _____

B. Complete with a verb + reflexive pronoun

Chọn một động từ trong ngoặc rồi điền reflexive pronoun đúng:
(hurt / cut / teach / look at / enjoy)

1. Be careful! You might _____.
2. They _____ when they fell off the bike.
3. He _____ to play the piano.
4. I always _____ in the mirror before school.
5. We _____ at the school concert.

C. Write your own sentences

Viết 3 câu có đại từ phản thân với:

- enjoy
 - cut
 - take care of
-
-
-

◆ Practice 2 – SHOULD / SHOULDN'T (Advanced)

A. Give 2 different pieces of advice

1. Your friend is coughing a lot.

→ He/She should _____

→ He/She shouldn't _____

2. A student always forgets homework.

→ He/She should _____

→ He/She shouldn't _____

B. Choose the best advice

Khoanh tròn câu tốt nhất:

1. Tom has a fever.
 - a. He should play outside.
 - b. He should rest in bed.
2. Mai wants to be healthier.
 - a. She should eat more fruit.
 - b. She should eat more candy.
3. The class is very noisy.
 - a. They should be quiet.
 - b. They should shout louder.

C. Create a "Healthy Tips Poster"

Viết 4 câu lời khuyên về **sức khỏe**:

- 2 câu **SHOULD**
- 2 câu **SHOULDN'T**

Ví dụ: *You should wash your hands regularly.*

◆ **Practice 3 – HAVE TO / DON'T HAVE TO (Advanced)**

A. Find the hidden rule

Chọn đúng từ để hoàn thành câu:

1. You (have to / don't have to) finish your lunch. You're not hungry anymore.
2. She (has to / doesn't have to) take medicine. Her fever is high.
3. They (have to / don't have to) wear uniforms on Monday. It's optional.

B. Make sentences from notes

1. I / wash hands / before eating → _____
2. She / not wear / uniform / on Friday → _____
3. They / finish project / today → _____
4. He / not go / hospital / now → _____

C. Error correction

Sửa lỗi:

1. He don't have to goes to school today. _____
2. She has to washes her hands every hour. _____
3. You doesn't have to wear boots. _____

◆ **Practice 4 – Connectors: AND / OR (Advanced)**

A. Choose AND or OR (meaning focus)

1. You must follow the rules, _____ you might get hurt.
2. He stayed home _____ did his homework.
3. Drink more water, _____ you'll feel sick.
4. She cooked dinner _____ washed the dishes.
5. Study hard _____ you won't pass your exam.

B. Combine the sentences (Write once with AND, once with OR)

Ví dụ mẫu:

Wear your coat. You'll get cold. → Wear your coat **or** you'll get cold.

Now do the same:

1. Finish your homework. You can play games.

→ AND: _____

→ OR: _____

2. Brush your teeth. They will become yellow.

→ AND: _____

→ OR: _____

3. He ate breakfast. He drank milk.

→ AND: _____

C. Creative task

Viết 2 câu: Nội dung về **sức khỏe / an toàn**.

- 1 câu dùng **AND**
- 1 câu dùng **OR**

◆ **Practice 5 – The more..., the more/less... (Advanced)**

A. Complete the long sentences

1. The more you relax, the _____ stress you feel.
2. The more he plays sports, the _____ healthy he becomes.
3. The more sugar you eat, the _____ energy you have.
4. The more we practice English, the _____ confident we get.

B. Rewrite with "The more..."

1. If you eat too much fast food, you will be less healthy.
→ _____.
2. If she studies harder, she will get better results.
→ _____.
3. If they sleep late, they will feel more tired.
→ _____.

C. Make your own

Viết 2 câu với cấu trúc **the more...** (nâng cao).

◆ Practice 6 – Sequence Adverbs (Advanced)

A. Put the steps in order

Viết Firstly – Secondly – Finally:

(1) Dry your hair with a towel.

(2) Take a shower.

(3) Turn on the water.

→ Firstly, _____

→ Secondly, _____

→ Finally, _____

B. Write a 4-step sequence

Viết 4 bước về Chủ đề: **How to stay healthy every day**

- Firstly, _____
- Secondly, _____
- Then, _____
- Finally, _____

C. Fix the order

Sắp xếp lại cho đúng:

Finally, brush your teeth.

Firstly, get your toothbrush.

Then, rinse your mouth.

Secondly, put toothpaste on the brush.

Viết lại đầy đủ theo đúng thứ tự.
