

We have healthy habits

We are living things

Living things carry out the 3 life processes

1. NUTRITION

- We get energy and raw materials from food.
- Organs involved: mouth, heart, lungs, stomach, _____.



2. REPRODUCTION

- Living things can create offspring similar to us.
- Organs involved:
 - Male: testicles, penis.
 - Female: ovaries, _____.

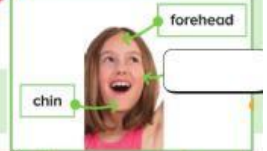


Our body

Head

Three parts:

Trunk



What are we like inside?

The smallest unit of life inside or body is the _____

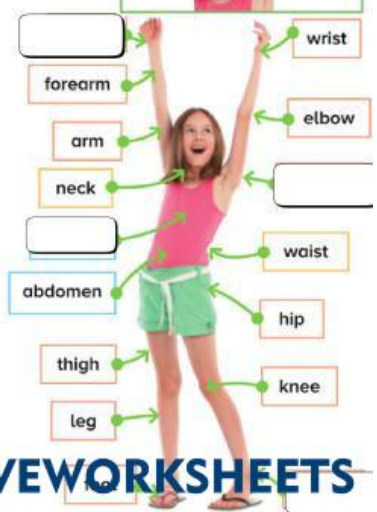
Cells of the same type get together to form TISSUES

Tissues join together to form ORGANS



3. _____

- We get information from the world through the 5 senses and react to this information.
- Organs involved: eyes, nose, tongue, skin, brain, nerves, muscles and bones



LIVEWORKSHEETS



Stages of life

Some tips to stay healthy

CHILDHOOD

- Babies change very fast.
- They depend on adults.
- Children start to be more independent.

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- A composite image featuring a smiling man with a beard on the left and a smiling young girl with curly hair on the right, set against a yellow background.

ADOLESCENCE

- Teenagers prepare to become adults.
- They start having their own tastes.
- Boys and girls develop in different ways.

- Draw and drop the pictures to the right box



ADULTHOOD

- Adults stop growing.
- Their body is fully developed.
- They have responsibilities (having jobs).

- ## OLD AGE
- They can loose strength. Their bones get fragile and their muscles weaker.
 - They are very wise, we can learn a lot from them.

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An illustration showing a guitar, a soccer ball, a drawing board with a red bow, and two children sitting on the floor playing a board game. Below this, two children are swinging happily on a swing set.



RKSHEET