

### Part 1: Health and Routine

1. My doctor told me I need more exercise to avoid the risks associated with a \_\_\_\_\_.
2. I had to \_\_\_\_\_ to study for my final exams, often staying up until 3 a.m.
3. Since I moved closer to the office, I no longer have \_\_\_\_\_ an hour every morning.
4. After finishing all my chores, I like \_\_\_\_\_ with a cup of tea and a good book.
5. Preparing all the ingredients for a five-course dinner can be extremely \_\_\_\_\_.
6. Every Saturday morning, I make a list of places I need to visit so I can \_\_\_\_\_ efficiently.

### Part 2: Shopping

7. Before buying the shoes, you should always \_\_\_\_\_ to make sure they fit comfortably.
8. I returned the jacket because the zipper was broken, and they immediately gave me \_\_\_\_\_.
9. I wanted to buy the new phone, but the store said the model was temporarily \_\_\_\_\_.
10. The total cost for the new lamp was higher than expected because of the excessive \_\_\_\_\_ for shipping.