(gently, strongly, moreover, roughly, undoubtedly, overall)

When caring for others, it is important to speak _____ and show empathy, especially in difficult situations. Some people believe _____ that kindness can change the way we relate to one another. _____, research supports the idea that positive communication improves both mental and physical health.

In contrast, conflicts often arise when people express their opinions too _____ or without considering others' feelings. Although disagreements are natural, it is essential to manage them respectfully.

There are _____ two main strategies for handling conflicts: one focuses on calm discussion, while the other involves taking time apart before resuming conversation. _____, maintaining respect and understanding remains the most effective approach to building strong relationships.

LIVEWORKSHEETS