

My Daily Routine

My name is Sergei. I'm fourteen years old. I wake up at 7 o'clock every day except Sunday. I do morning exercises. I wash, clean my teeth with a tooth-brush and comb my hair. Then I have breakfast. In the mornings I like to eat fried eggs or omelette, cheese sandwich and to drink tea. It takes me 10 minutes to get to school. My lessons begin at 8:30. At 2 o'clock the lessons are over. I usually have six or seven lessons a day. I return home at 2 o'clock and have rest. I watch TV and play computer games. I have lunch at 3 o'clock. For lunch I usually eat some soup, fried or mashed potatoes with cutlets and a piece of cake with a cup of tea for dessert. After doing my homework I go for a walk with my friends. In the evening I go to the gym or take out my bike. My training lasts for an hour. My parents usually return home at 19 o'clock. We have dinner at 19:30. Dinner consists of fish, meat or chicken, vegetables or some salad and an apple pie. Then we sometimes go to the cinema, spend time in the park or go shopping. Then I read books, newspapers and magazines, chat with friends on the phone. On Monday, Wednesday and Friday I attend additional English classes at my school. At 10 o'clock I take shower or a bath, brush my teeth and go to bed.



1. READ ABOUT SERGEI'S DAILY ROUTINE AND CHOOSE THE CORRECT ANSWER

Multiple Choice

1. *What time does Sergei wake up on weekdays?*

- a) 7:30
- b) 8:00
- c) 7:00
- d) He doesn't say.

2. *What does Sergei usually do after doing his homework?*

- a) He goes to the gym.
- b) He has lunch.
- c) He goes for a walk with his friends.
- d) He watches TV.

3. *How long does it take Sergei to get to school?*

- a) 30 minutes
- b) 10 minutes
- c) 15 minutes
- d) 1 hour

4. *On which days does Sergei attend additional English classes?*

- a) Tuesday and Thursday
- b) Monday and Friday
- c) Monday, Wednesday, and Friday
- d) Every day

2. READ AND PICK AN ANSWER TO THE QUESTION.

TRUE / FALSE

1. Sergei's lessons finish at 2 o'clock.

TRUE / FALSE

2. For breakfast, Sergei likes to eat soup and a sandwich.

TRUE / FALSE

3. Sergei's parents usually return home at 7 o'clock in the evening.

TRUE / FALSE

3. MATCH THE ACTIVITY TO THE TIME

Match the activity on the left with the correct time Sergei usually does it on the right.

Activity

Time

1. Lessons begin a. 3 o'clock

2. Has lunch b. 8:30

3. Goes to bed c. 10 o'clock