

### 1 Match the definitions to the verbs in the box.

cool down    cut out    eat out  
 eat up    fill up on    go off    heat up  
 live on

- when food is too old and is no longer suitable to eat ..... *go off*
- to eat in a restaurant ..... *eat out*
- when the temperature of something reduces ..... *cool down*
- to make food hot ..... *heat up*
- to remove a food or drink from your diet ..... *cut out*
- to eat mainly one type of food ..... *live on*
- to eat in order to stop feeling hungry ..... *eat up*
- to finish eating some food ..... *fill up on*

### 2 Complete the sentences with the correct form of the verbs in the box.

cool down    cut out    eat out  
 fill up on    go off    heat up

- Why don't we *eat out* on Friday – we could try that new Italian restaurant?
- Have you ..... the pasta in the microwave yet, or shall I do it?
- I can't drink my coffee yet, it's too hot – it needs to ..... .
- I really don't think I can eat this – it smells like it's ..... .
- He used to ..... apples and bananas if he was hungry between meals.
- The doctor told him to ..... red meat from his diet and eat more vegetables.

### 3 Complete the sentences with the adverb form of the words in brackets.

- It was Saturday morning, so the supermarket was *incredibly* (incredible) busy.
- Tom has become ..... (complete) vegetarian and doesn't eat any meat or fish at all now.
- We ..... (typical) get around 40 to 50 customers a night at this restaurant.
- We don't ..... (necessary) have to eat out at a restaurant, we could have a picnic in the park.
- He ..... (sensible) decided not to accept the offer.
- I had to change my diet ..... (dramatic) when I found out I had diabetes, but I can still eat cheese and fruit.
- My brother apologised and said he was ..... (deep) sorry for what he'd done.

8 They would ..... (happy) eat sweets all day long if we let them!

### 4 Put the words in the correct order to make sentences.

- accidentally / dropped / I / the box / and / is ruined / the cake / on the floor

*I accidentally dropped the box on the floor and the cake is ruined.*

- recipe / This / complicated / is not / to follow / terribly

- eat / said / Basically, / more / should / you / fruit / the doctor

- read / was / I / extremely / her blog / impressed / when / I / last night

- Travelling / physically / makes / sick / me / feel / back of a bus / at the

- on the menu, / a great selection / merely / four dishes / There are / that's not

### 5 Choose the correct options.

A: Have you ever done any cooking?

B: Yes, lots. At the weekend I help cook lunch. I used to just cut up vegetables or <sup>1</sup> ..... *heat up* ..... things, but now I often cook a meal. Dad likes that, he says it feels like he's <sup>2</sup> ..... at home!

A: So, you enjoy cooking?

B: Yes, I do. It's fun planning what to eat. I would <sup>3</sup> ..... cook every day if I had the time. What about you?

A: No! None of us cook. We <sup>4</sup> ..... ready-made meals.

B: No wonder you're always <sup>5</sup> ..... do things. You need to change your diet <sup>6</sup> ..... ! I could show you how to make some simple, healthy dishes that require little <sup>7</sup> ..... . That way you could <sup>8</sup> ..... the ready-made meals.

A: Thanks.

1 A heat up      B cool down

2 A eating up      B eating out

3 A completely      B happily

4 A go off      B live on

5 A too tired to      B so tired that

6 A basically      B dramatically

7 A preparation      B registration

8 A cut out      B go off