

1 Match the definitions to the verbs in the box.

cool down cut out eat out
eat up fill up on ~~go off~~ heat up
live on

- when food is too old and is no longer suitable to eat
..... go off
- to eat in a restaurant
- when the temperature of something reduces
- to make food hot
- to remove a food or drink from your diet
- to eat mainly one type of food
- to eat in order to stop feeling hungry
- to finish eating some food

2 Complete the sentences with the correct form of the verbs in the box.

cool down cut out ~~eat out~~
fill up on go off heat up

- Why don't we eat out on Friday – we could try that new Italian restaurant?
- Have you the pasta in the microwave yet, or shall I do it?
- I can't drink my coffee yet, it's too hot– it needs to
- I really don't think I can eat this – it smells like it's
- He used to apples and bananas if he was hungry between meals.
- The doctor told him to red meat from his diet and eat more vegetables.

3 Complete the sentences with the adverb form of the words in brackets.

- It was Saturday morning, so the supermarket was incredibly (incredible) busy.
- Tom has become (complete) vegetarian and doesn't eat any meat or fish at all now.
- We (typical) get around 40 to 50 customers a night at this restaurant.
- We don't (necessary) have to eat out at a restaurant, we could have a picnic in the park.
- He (sensible) decided not to accept the offer.
- I had to change my diet (dramatic) when I found out I had diabetes, but I can still eat cheese and fruit.
- My brother apologised and said he was (deep) sorry for what he'd done.

- They would (happy) eat sweets all day long if we let them!

4 Put the words in the correct order to make sentences.

- accidentally / dropped / I / the box / and / is ruined / the cake / on the floor
I accidentally dropped the box on the floor and the cake is ruined.
- recipe / This / complicated / is not / to follow / terribly
.....
- eat / said / Basically, / more / should / you / fruit / the doctor
.....
- read / was / I / extremely / her blog / impressed / when / I / last night
.....
- Travelling / physically / makes / sick / me / feel / back of a bus / at the
.....
- on the menu, / a great selection / merely / four dishes / There are / that's not
.....

5 Choose the correct options.

- A:** Have you ever done any cooking?
B: Yes, lots. At the weekend I help cook lunch. I used to just cut up vegetables or ¹ heat up things, but now I often cook a meal. Dad likes that, he says it feels like he's ² at home!
- A:** So, you enjoy cooking?
B: Yes, I do. It's fun planning what to eat. I would ³ cook every day if I had the time. What about you?
- A:** No! None of us cook. We ⁴ ready-made meals.
B: No wonder you're always ⁵ do things. You need to change your diet ⁶! I could show you how to make some simple, healthy dishes that require little ⁷ That way you could ⁸ the ready-made meals.
- A:** Thanks.

- | | |
|-------------------------|------------------------|
| 1 A heat up | B cool down |
| 2 A eating up | B eating out |
| 3 A completely | B happily |
| 4 A go off | B live on |
| 5 A too tired to | B so tired that |
| 6 A basically | B dramatically |
| 7 A preparation | B registration |
| 8 A cut out | B go off |