6 Choose the correct phrasal verbs to complete the text.

I never really felt at home until we became parents. I used to travel a lot for work and fun, but I had to [1] *settle down* / *catch up* when our first baby was born. At first, I was very worried and [2] *caught up* / *checked on* the baby all the time. But soon we [3] *figured out* / *got rid of* how to manage our new routines. Sometimes in the morning we have to [4] *hurry up* / *settle down*, so we are not late. Although we are very busy, we always set aside time at the end of the day to [5] *catch up* / *check on*. Now that our children are a little older, we can [6] *hurry up* / *get rid of* the baby things.

LIVEWORKSHEETS