



Writing Activity

2. Look at the visual and write down four sentences about William's daily routine using frequency adverbs. (K.E7.2.W1)



a.

b.

c.

d.



Listening Activity

3. Listen to Emily's speech and fill in the blanks. (K.E7.2.L1) (Tapescript 7.2.1)



Hi, I'm Emily. I am 14 years old. I (1) wake up early in the mornings because I like starting my day with some exercise. I always go to school on foot. After school, I (2) play volleyball with my friends. I also love swimming, so I go to the pool twice a week. I wear my swimsuit and use my goggles when I swim.

On Saturdays, I train at the tennis club. I use my racket and hit the ball many times to improve my skills. My coach (3) helps me and gives me advice. I sometimes take part in matches. I (4) eat fast food because I want to stay healthy. I also enjoy cycling in the countryside on Sundays. I wear my helmet for safety. Sometimes, my little brother joins me. We like racing, but he (5) beats me! In the evenings, I always do my homework on time, and I (6) go to bed late because I need energy for my sports.

5. Answer the questions about yourself. (K.E7.2.SP1)

a. Which sports are you interested in?

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b. What equipment do you need for your favorite sport?

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c. Which team do you support?

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d. How often do you do sports?

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e. How often do you eat healthy food?

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f. Who is his favourite sportsperson?

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