

Exercise

How Often Do You...?

Adverbs of Indefinite & Definite Frequency

Part 1: Practice – Complete the Sentences

◆ **Instructions:** Fill in the blanks with the correct **Adverb of Frequency**.

Choose from: *always / usually / often / sometimes / rarely / never / every day / once a week*

1. I _____ eat breakfast before school.
2. My mom _____ cooks dinner for us.
3. We go swimming _____, on Sundays.
4. I _____ forget my homework.
5. Our teacher checks attendance _____.
6. I visit my grandparents _____ on weekends.
7. My brother _____ helps me with English.
8. I go to the library _____ a week.

Part 5: Reflection – Think & Speak

◆ **Instructions:** Answer these questions about **yourself**

1. What do you *always* do after school?

→ _____

1. What do you *sometimes* do with your family?

→ _____

1. What do you *never* do?

→ _____

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