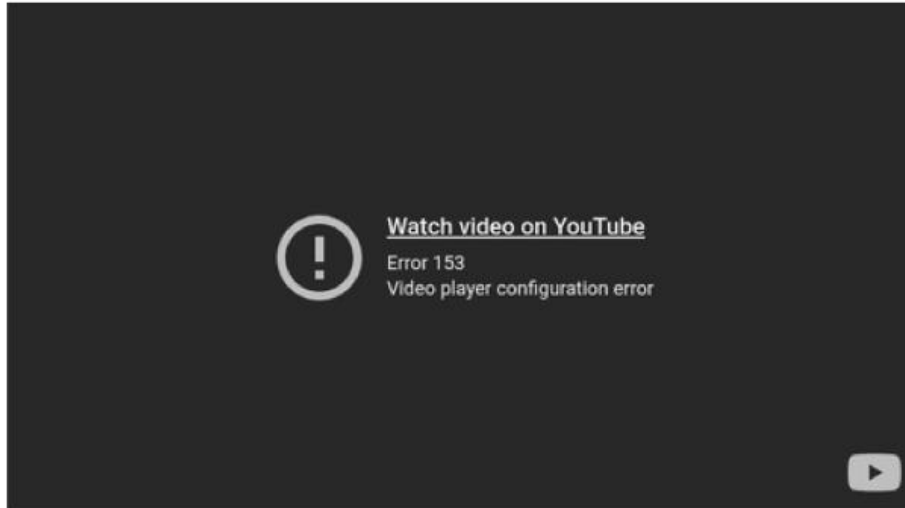


Diseases and advices

A lesson by Teacher Marcella

1. Watch the video and answer the questions that follow:



A. The Patient 1 mentions to have...

- ☐ pain
- ☐ a fever
- ☐ a swollem ankle

B. The doctor suggests Patient 2 to...

- ☐ go back to work
- ☐ rest
- ☐ take a medicine
- ☐ drink coffee

C. Patient 3's diagnose is...

- ☐ a cough
- ☐ a runny nose
- ☐ a sore throat
- ☐ a cold

D What expression does the doctor use to give his patients advice?

2. Read the dialogue below and fill in the table with the expressions used for giving advice.

Doctor: Good morning. What seems to be the problem today?

Patient: I've been feeling very tired lately, and I often get headaches.

Doctor: I see. How's your sleep?

Patient: Not very good. I usually stay up late working or watching TV.

Doctor: Well, you must get enough rest. Lack of sleep can cause fatigue and headaches.

Patient: Yes, I know. It's just hard to change my routine.

Doctor: Why don't you try going to bed 30 minutes earlier each night? Small changes can make a big difference.

Patient: That's a good idea.

Doctor: Also, you should drink more water and eat regular meals. Skipping meals can make you feel weak and dizzy.

Patient: I often skip breakfast.

Doctor: If I were you, I would start the day with something light—maybe some fruit or yogurt.

Patient: Alright, I'll do that.

Doctor: Great. And remember, you must come back next week for a check-up, okay?

Patient: Sure, doctor. Thank you for your advice.

Expressions for giving advice/making suggestions



3. Write advices for the people below. Make sure to alternate between the expressions you learned.



I have a
terrible
headache.



I've got a
sore throat.
It's hurting a
lot!



I have a runny
nose and I think I
may have a flu.



These boxes are
too heavy! I have
a terrible
backache.

Are you good at giving life advices? Practice your skills with the situations below. The best advices win the game!

GAME TIME