

Folk Dances of India



Out of the two dance forms:- The folk and the classical, the folk dances are very simple to perform. They vary according to the region and are based on the culture and traditions of that region.

Folk dances are performed in groups and have no set rules of presentation. These dances are mostly performed to celebrate festivals or weddings.

Name the states in which some of the well known folk dances are performed. Take help from the help box.

1.



Ghoomer dance

2.



Garba dance

3.



Bhangra dance

4.



Bihu dance

5.



Bamboo dance

6.



Mask dance

HELP BOX



Mizoram, Assam, Rajasthan
Sikkim, Gujarat, Punjab

KNOW MORE

Bhangra is a high-energy dance performed to the beat of the dhol drum. Originally done during harvest time.



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