

## BÀI TẬP VỀ IDIOMS

716. He finally decided to \_\_\_\_\_ the doctor about his symptoms.  
A. consult      B. see      C. meet      D. visit

She felt a surge of \_\_\_\_\_ after completing her fitness challenge.  
A. energy      B. confidence      C. joy      D. strength

717. If you're feeling unwell, it's best to \_\_\_\_\_ it easy.  
A. take      B. do      C. make      D. keep

718. He's been living a very \_\_\_\_\_ lifestyle since he started his new job.  
A. busy      B. stressful      C. sedentary      D. active

719. She has a great support \_\_\_\_\_ that helps her stay healthy.  
A. system      B. group      C. network      D. foundation

720. Staying \_\_\_\_\_ is essential for maintaining a good quality of life.  
A. fit      B. healthy      C. well      D. active

721. He has a \_\_\_\_\_ of exercise he follows every day.  
A. routine      B. schedule      C. practice      D. habit

722. She's been feeling under the \_\_\_\_\_ after getting bad news.  
A. weather      B. cloud      C. sun      D. pressure

723. The doctor told him to cut down on \_\_\_\_\_ to improve his heart health.  
A. alcohol      B. sugar      C. caffeine      D. fats

724. It's important to take care of your mental \_\_\_\_\_ just as much as physical health.  
A. wellness      B. strength      C. state      D. clarity

725. He felt like he was back in the \_\_\_\_\_ after a long recovery.  
A. race      B. game      C. saddle      D. loop

726. After a week of rest, she finally felt back to her \_\_\_\_\_.  
A. best      B. good      C. old self      D. normal self

727. We need to be more \_\_\_\_\_ about our impact on the planet.  
A. aware      B. cautious      C. careful      D. conscious

728. The company is trying to go \_\_\_\_\_ by reducing its carbon footprint.  
A. green      B. clean      C. bright      D. clear

729. Many people believe that \_\_\_\_\_ can help combat climate change.  
A. recycling      B. reducing      C. waste      D. emissions

730. To keep our planet healthy, we should all do our \_\_\_\_\_.  
A. part      B. share      C. best      D. job

731. She's always trying to raise \_\_\_\_\_ about environmental issues.  
A. awareness      B. concern      C. alarm      D. action

732. The campaign aims to \_\_\_\_\_ littering in our parks.  
A. reduce      B. limit      C. prevent      D. control

733. He's a strong advocate for \_\_\_\_\_ energy sources.  
A. renewable      B. alternative      C. clean      D. sustainable

734. To make a difference, we need to think \_\_\_\_\_ about our resources.  
A. critically      B. wisely      C. carefully      D. strategically