

## BÀI TẬP VỀ IDIOMS

716. He finally decided to \_\_\_\_\_ the doctor about his symptoms.  
A. consult                      B. see                      C. meet                      D. visit
- She felt a surge of \_\_\_\_\_ after completing her fitness challenge.  
A. energy                      B. confidence                      C. joy                      D. strength
717. If you're feeling unwell, it's best to \_\_\_\_\_ it easy.  
A. take                      B. do                      C. make                      D. keep
718. He's been living a very \_\_\_\_\_ lifestyle since he started his new job.  
A. busy                      B. stressful                      C. sedentary                      D. active
719. She has a great support \_\_\_\_\_ that helps her stay healthy.  
A. system                      B. group                      C. network                      D. foundation
720. Staying \_\_\_\_\_ is essential for maintaining a good quality of life.  
A. fit                      B. healthy                      C. well                      D. active
721. He has a \_\_\_\_\_ of exercise he follows every day.  
A. routine                      B. schedule                      C. practice                      D. habit
722. She's been feeling under the \_\_\_\_\_ after getting bad news.  
A. weather                      B. cloud                      C. sun                      D. pressure
723. The doctor told him to cut down on \_\_\_\_\_ to improve his heart health.  
A. alcohol                      B. sugar                      C. caffeine                      D. fats
724. It's important to take care of your mental \_\_\_\_\_ just as much as physical health.  
A. wellness                      B. strength                      C. state                      D. clarity
725. He felt like he was back in the \_\_\_\_\_ after a long recovery.  
A. race                      B. game                      C. saddle                      D. loop
726. After a week of rest, she finally felt back to her \_\_\_\_\_.  
A. best                      B. good                      C. old self                      D. normal self
727. We need to be more \_\_\_\_\_ about our impact on the planet.  
A. aware                      B. cautious                      C. careful                      D. conscious
728. The company is trying to go \_\_\_\_\_ by reducing its carbon footprint.  
A. green                      B. clean                      C. bright                      D. clear
729. Many people believe that \_\_\_\_\_ can help combat climate change.  
A. recycling                      B. reducing                      C. waste                      D. emissions
730. To keep our planet healthy, we should all do our \_\_\_\_\_.  
A. part                      B. share                      C. best                      D. job
731. She's always trying to raise \_\_\_\_\_ about environmental issues.  
A. awareness                      B. concern                      C. alarm                      D. action
732. The campaign aims to \_\_\_\_\_ littering in our parks.  
A. reduce                      B. limit                      C. prevent                      D. control
733. He's a strong advocate for \_\_\_\_\_ energy sources.  
A. renewable                      B. alternative                      C. clean                      D. sustainable
734. To make a difference, we need to think \_\_\_\_\_ about our resources.  
A. critically                      B. wisely                      C. carefully                      D. strategically