

SCHOOL: \_\_\_\_\_ NAME: \_\_\_\_\_

CLASS: \_\_\_\_\_ DATE: \_\_\_\_\_

ENGLISH FORM 1

Topic: **NEW YEAR, NEW YOU**

Theme: People and Self

**Read the text carefully in each question. Choose the best answer A,B or C. For each question, mark the correct answer A,B or C.CEFR LEVEL**



**1. What is the purpose of Healthy Life Café for kids?**

- ☐ A. To sell fast food
- ☐ B. To promote healthy eating
- ☐ C. To give free snacks

**2. What is the special offer at the café?**

- ☐ A. Buy one meal, get two free
  - ☐ B. Buy two healthy meals and get a free drink
  - ☐ C. Free meal on weekends
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**3. Which goal helps improve health?**

- ☐ A. Sleep late
- ☐ B. Exercise three times a week
- ☐ C. Watch more TV

**4. What can you do to be a better person?**

- ☐ A. Be kind to everyone
- ☐ B. Ignore your friends
- ☐ C. Play games all day

## **Saving for a Better You**

### **Tip of the Day:**

**A little planning goes a long way in saving money!**

**Make a list before shopping. Avoid buying things you don't need.**

**5.** What should you do before shopping?

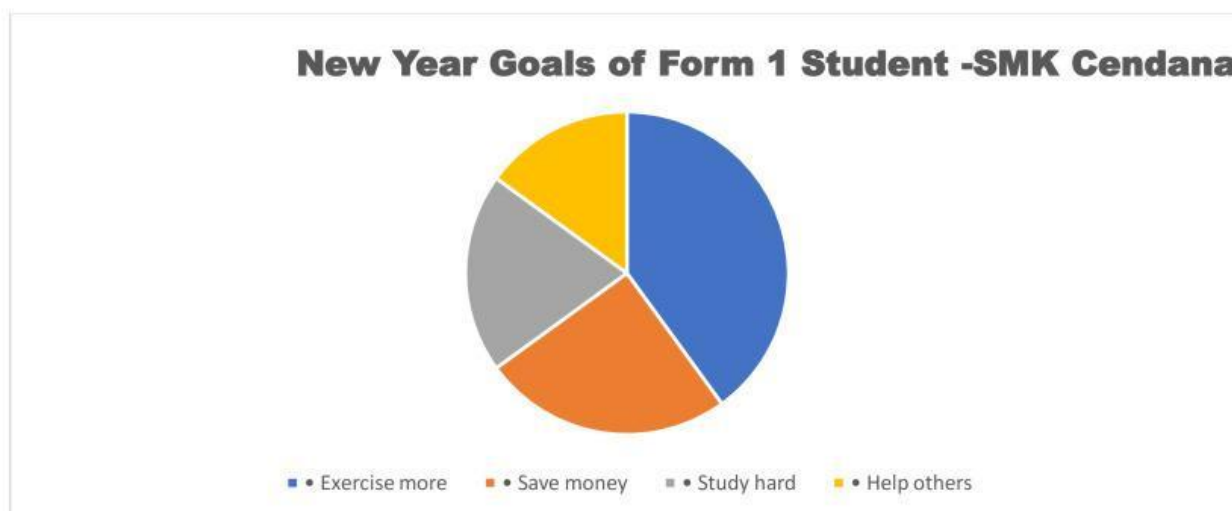
- ☐ A. Make a list
- ☐ B. Buy more snacks
- ☐ C. Forget your plan

**6.** What is the meaning of "goes a long way"?

- ☐ A. It is useless
  - ☐ B. It is very helpful
  - ☐ C. It is very far
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## Hobbies of Students (Chart)

### New Year Goals of Form 1 Students – SMK Cendana



- Exercise more – 40%
- Save money – 25%
- Study hard – 20%
- Help others – 15%

**7.** From the chart, we know most students want to \_\_\_\_\_.

- ☐ A. play more games
- ☐ B. exercise more
- ☐ C. sleep more

**8.** The least popular goal is \_\_\_\_\_.

- ☐ A. help others
- ☐ B. save money
- ☐ C. study hard

### **Activity 2: Fill in the blanks**

1. This year, I want to \_\_\_\_\_ more.  
(Example: read / help / exercise)
2. I plan to \_\_\_\_\_ every weekend.  
(Example: clean my room / visit my grandparents / study)
3. I want to \_\_\_\_\_ my time better.
4. I will \_\_\_\_\_ kind to my family and friend

### **Activity 3: Match the words Gapped Text**

**Read the text below. 2 sentences have been removed from the text for 1 to 2, choose from the sentences A-B to fit each gap.**

My favorite subject is English; my goal this year is to speak English fluently. 1. \_\_\_\_\_ it helps me communicate with people from different countries. I also enjoy reading stories and writing essays in English.

Learning English is Important because it is a global language. 2. \_\_\_\_\_ knowing English will help me in my future career and when I travel to other countries. In conclusion, English is my favourite subject because it is fun, interesting and useful.

A	Many people around the world use English to talk, write, and share ideas
B	I enjoy learning English because it is very interesting and useful

✓ **Activity 4: Choose the correct sentence**

- ☐ a) I will helps my mother.
  - ☐ b) I will help my mother.
  - ☐ c) I will helping my mother.
  
  - ☐ a) I will study hard this year.
  - ☐ b) I will studied hard this year.
  - ☐ c) I studying hard this year.
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🗨 **Activity 5: Write your own sentence**

1) Write one way you can be a better person this year.

**Example: I will say thank you to my teachers.**

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2) Write one habit you want to start this year.

**Example: I want to read one book every month**

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