

Trường THCS Lớp: Họ tên:	ĐỀ KIỂM TRA GIỮA KỲ I Năm học: 2025 - 2026 Môn: Tiếng Anh 7 Thời gian: 60 phút (Không kể thời gian phát đề)	Giám thị 1- 2-
SBD: PHÒNG:		

I. LISTENING. (2.5 points)

Task 1. You will hear a doctor talking to the interviewer about staying healthy. Listen and decide whether the statements are True (T) or False (F). (1.25pts)

STATEMENTS	True	False
1. The interviewer is asking Dr. Brown some questions.	<input type="radio"/>	<input type="radio"/>
2. Eating fruits and vegetables every day is important for maintaining a healthy diet.	<input type="radio"/>	<input type="radio"/>
3. Drinking less water is another way to have a good diet.	<input type="radio"/>	<input type="radio"/>
4. Students should aim for at least 30 minutes of physical activity each day.	<input type="radio"/>	<input type="radio"/>
5. Taking short breaks to relax and do enjoyable activities can help manage stress.	<input type="radio"/>	<input type="radio"/>

Task 2. You will hear a friend talking about her friend's hobby. Listen to the passage and choose the correct answer for each question. (1.25pts)

1. What is one of Ana's hobbies?
A. Playing soccer
B. Collecting teddy bears
C. Singing in a choir
D. Gardening
2. How does Ana feel when she finds a new teddy bear?
A. Sad
B. Excited
C. Angry
D. Bored
3. What does Ana do to take care of her teddy bears?
A. Throws them away
B. Gives them to friends
C. Cleans and preserves them
D. Sells them online
4. How does Ana display her teddy bears?
A. Puts them in a box
B. Hangs them on the wall
C. Arranges them on shelves
D. Keeps them in a drawer
5. What does Ana's teddy bear collection bring her?
A. Sadness and pressure
B. Comfort and happiness
C. Stress and surprise
D. Fear and anxious

II. LANGUAGE FOCUS. (2.5 points)

Task 1. Choose the word whose underlined part is pronounced differently from the others. (0.5pt)

1. A. wanted B. helped C. washed D. watched
2. A. furniture B. burn C. surprise D. hurt

Task 2. Choose A, B, C, or D to indicate the correct answer to each of the following questions. (2.0pts)

1. Which sentence is *NOT* a simple sentence?

- A. Susan washes her face twice a day.
- B. Asian diets contain a lot of vegetables.
- C. My sister uses a lot of suncream in summer.
- D. He wouldn't cheat in exams because he knew he would be caught.

2. Do more exercise _____ eat more vegetables to stay in shape.
A. and B. or C. but D. so

3. Linda often spends her free time helping _____ on the street.
A. nurse B. homeless children C. teacher D. doctor

4. They _____ up little in the park a month ago.
A. picked B. pick C. are picking D. picks

5. "Last Sunday, I helped the old people at a nursing home." – " "
A. Wonderful! B. Congratulation!
C. Thank you. D. I'm sorry

6. My father loved _____ photo when he lived in Japan.
A. doing B. riding C. playing D. taking

7. Scarlet dislikes _____ such as chips, sweets and fizzy drinks.
A. vegetables B. junk food C. seafood D. fruits

8. Tuan and Nam often _____ basketball at the weekend.
A. are playing B. will play C. plays D. play

III. READING. (2.5 points)

Task 1. Choose one appropriate option (A, B, C or D. to fill in each gap of the paragraph. (1.25pt)

SUMMER WORK IN REYKJAVIK

If you take a walk through Reykjavik – the capital of Iceland – this summer, you will (1) _____ groups of young people working in parks, gardens (2) _____ green areas around the city. Most of these kids are in high school but they spend the summer (3) _____ the city green as part of a program known as ‘work school’.

The 'work school' consists of a large (4) _____ of Reykjavik's teenagers. Roughly 75% of Reykjavik's 14-year-olds and 60% of city's 16-year-olds take part.

They get paid for their work, and at the same time they (5) _____ the environment of their city.

3.	A. keep	B. keeping	C. to keep	D. to keeping
4.	A. size	B. number	C. level	D. lot
5.	A. attend	B. reduce	C. protect	D. produce

Task 2. Read the passage carefully then choose the best answer. (1.25pts)

In 2019, Spain was the healthiest country in the world. The secret is their Mediterranean diet. This diet focuses on healthy fats and proteins. This includes cold tomato soup, plenty of seafood (especially fish), and lots of vegetables. Spanish people say that they have some of the most delicious salads in the world. Due to the Mediterranean diet, the Spanish suffer from fewer diseases than the rest of the world.

Physical health is important, but mental health is important too. Eight out of ten Spanish people are happy. Why? A major reason is the weather. Spain has beautiful weather all year round. Another reason is that Spain is home to a lively and relaxing culture. The Spanish enjoy the simple pleasures of life.

1. In 2019, Spain was number _____ in health.

A. one	B. two	C. three	D. ten
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2. The word “this” in line 2 refers to _____.

A. tomato soup	B. proteins
C. the Mediterranean diet	D. vegetables
3. The Mediterranean diet includes _____.

A. potato soup	B. lots of vegetables
C. red meat	D. some beef
4. What is one of the reasons why Spanish people are happy?

A. High-income levels	B. Strong social support
C. Beautiful weather	D. Access to healthcare
5. Which of the following statements is NOT TRUE?

A. The Spanish suffer the fewest diseases.
B. Physical health is not as important as mental health.
C. The Spanish enjoy the simple pleasures of life.
D. Spain was the healthiest country in the world

IV. WRITING (2.5 points)

Task 1. Find the mistake in the four underlined parts of each sentence. (0.5pt)

1. John likes collect coins, playing sports, and cycling.

A B C D

2. My sister usually come to the remote village and cooks meals for homeless children.

A B C D

Task 2. Rearrange the words or phrases to make meaningful sentences. (1.0pt)

1. in the summer./ I/ go/ often/ climbing mountains/

↗

2. What/ your cousin/ does/ in his free time? / do/

_____?

3. Last month/ joined/ she/ at school./ the summer camp/

• <http://www.ams.org/amsip/2012-2013>

4. planting/ vegetables/ started/ Our village/ two years ago./

_____.

Task 3. Write a short paragraph to talk about one of your hobbies. These cues may help you. (1.0pt)

1. My hobby/ garden. / I/ start/ it/ 3 years ago.
2. I/ really/ like/ it/ because/ I/ can/ do/ it/ my family.
3. We/ usually/ spend/ two hour/ Sunday morning/ our garden.
4. Garden/ have/ many benefits. / It/ help/ me/ become/ more patient/ responsible.