



QUANTIFIERS

1. Read the questionnaire and complete it with "How much" or "How many".

How much sugar and salt do **YOU** have a day?

Sugar

1. _____ spoonfuls of sugar do you have in your tea or coffee?
a three or more b two c one d none
2. _____ cans of cola (or other fizzy drinks) do you drink a day?
a three or more b two c one d none
3. _____ fruit or fruit juice do you have a day?
a a lot b quite a lot c not much d none
4. _____ sweets or biscuits do you eat a week?
a a lot b not many c very few d none

Salt

5. How often do you add salt to your food at the table?
a always b often c sometimes d never
6. _____ takeaway food do you eat?
a a lot b quite a lot c not much d none
7. _____ bread do you eat a day?
a a lot b quite a lot c a little d none
8. _____ cheese do you eat a week?
a a lot b quite a lot c a little d none