

Eating fruits and _____ gives us vitamins. 🍎

Exercise makes our _____ happy. ❤️

We should move our body every _____. 🏃

Children need at least eight or nine _____ of sleep. 😴

It's important to drink _____ every day. 💧

We should brush our _____ twice a day. ☐

Washing our hands before eating keeps us _____. 🧼

Healthy habits make us strong, _____, and ready to learn. 😊