

B2 Mediation task: *Packing like a pro*

Teacher Del, EOI Sant Vicent

**Warm Up:** Think about your last trip and the packing ritual before setting off. Answer these questions:

- a) Do you usually make a list of must-pack items?
- b) Do you tend to pack light or to overpack? Why?
- c) Do you take time to organise your stuff, or just throw everything in without rhyme or reason?
- d) How long does it take you to pack?
- e) How do you (honestly) feel about packing? Does it feel like a stressful feat or just like another routine?
- f) What does your suitcase usually look like?



vs.



**Task 1.** You're going to watch an oldie but goodie vlog on packing smart. Before watching, match the words/ expressions with their definition:

- 1 \_\_\_\_ packing cubes
- 2 \_\_\_\_ (workout / night) gear
- 3 \_\_\_\_ pack outfits
- 4 \_\_\_\_ wrinkle-free clothes
- 5 \_\_\_\_ packing folder

- a. pack items that complement each other together
- b. clothes that look smooth and nice
- c. outfit for specific occasions (gym / sleeping)
- d. cloth folders that keep your clothes wrinkle-free
- e. small bags with zipper used to organise items in your luggage

**Task 2.** Watch the vlog and check your answers:

**Task 3.** Do men and women pack differently? Watch this video and compare:

Task 4. Now that you're experts in the topic, you're ready for a MEDIATION TASK.

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Your French cousin, Dominique, is preparing for a first solo trip and needs your expert advice on how to pack. Send a joint audio message (2 minutes max / student; Structure: Initial greeting; Introducing the problem; Well-organised block of tips; Wrapping up and Final greeting) explaining the tips in the infographic below. Use your own words.

Student A introduces the problem and focuses on the tips in the left column

Student B focuses on the tips in the right column and wraps up the message

# How to Pack Like a Pro for Any Trip

 Start with a Packing List	 Pack by Outfit, Not by Item
 Use Packing Cubes or Compression Bags	 Always Pack a 'Go Bag' Essentials-only carry-on at all times use
 Master the Art of Rolling vs. Folding	 Leave "Just in Case" Items Behind
 Weigh Your Luggage Before You Go	 Pack Smart for the Destination
 Secure Your Valuables	 Leave Room for Spontaneity

ALTUVA TRAVEL

(Adapted from: <https://altuvatravel.com/how-to-pack-like-a-pro-for-any-trip-%F0%9F%A7%B3/>)