

Name _____ Class _____ Date _____

THINK ABOUT

- Circle three adjectives that describe you.
caring | confident | cool | easy-going | friendly
funny | happy | helpful | intelligent | positive
- Compare your list with a partner. Are your choices the same or different? Do you agree with your partner's choices?

BEFORE YOU WATCH

- Look at the picture. What do you think makes these people amazing?



OVERVIEW

- Watch the video. Are any of the adjectives you chose in Exercise 1 mentioned? Which ones?

COMPREHENSION

- What's the video about? Choose the correct answer. Watch the video again and check.

The video is about

- superheroes.
- helping people.
- families.

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- Match the sentence halves. Watch the video again and check.

- The Earth is an amazing place
- You don't have to be
- Some doctors
- You can help
- Some people

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- look after other members of their family.
- help people in other countries for free.
- elderly or poor people in your community.
- with incredible plants and animals.
- a superhero to be amazing.

AFTER YOU WATCH

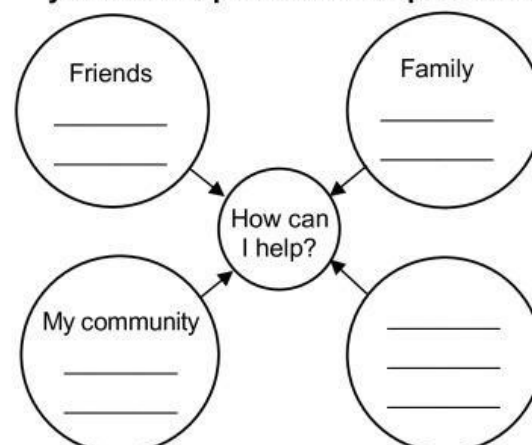
- Complete the text with the words in the list.

amazing | confident | incredible | positive | superpowers

You don't need ¹_____. Be ²_____,
³_____ and good at what you do and you can start
being ⁴_____. Just look at all of the amazing people
around you! Some of them have ⁵_____ talents and
others like to help out in their spare time – for free!

OVER TO YOU

- At the end of the video, the speaker asks 'What do you do to help others?' Complete the spidergram.



- Work in pairs. Compare your spidergrams. Can you think of something new you could do to help?