NAME: _____

UNEXPECTED CHALLENGES: You are going to read an extract a short story. For questions **1-6**, choose the answer (**A, B, C or D**) which you think fits best according to the text.

_____1.What was Ed like before the change?

a) He was quiet and kept to himself.
b) He was happy, friendly, and amusing to others.
c) He often felt a quivery unease in his chest.
d) He struggled to make others feel at ease.

_____2. What caused Ed to feel more "withdrawn" during recess?

a) The boys were playing a game he didn't like.
b) He felt an urge not to join the game, even though he usually enjoyed it.
c) He was still distracted by the chirping birds and rustling leaves.
d) He believed the other boys were being mean.

_____3. The phrase "heavy cloud" in paragraph 4 is used to describe:

a) the weather outside during lunchtime.
b) a strong, persistent negative feeling.
c) the dark thoughts he had about being devious.
d) his grandmother's advice about feelings.

_____4. What does the text suggest Ed's initial reaction to his unpleasant feelings was?

a) He was relaxed and accepting of them.
b) He decided to find a quiet place to sit and meditate immediately.
c) He tried to fight them and was appalled that he felt upset.
d) He thought of his grandmother's advice right away.

_____5. What is the main message of the grandmother's advice?

a) Negative feelings should be ignored until they leave.
b) Understanding your emotions is more helpful than trying to suppress them.
c) Feelings are always changing and cannot be controlled.
d) You should only pay attention to positive feelings.

_____6. What is the most significant result of Ed's experience?

a) He became a different, quieter person.
b) He realized that the sun and children's laughter were comforting.
c) He learned that all his emotions, even negative ones, are a natural part of being human.
d) He successfully solved a problem that had been bothering him for a long time.

LIVEWORKSHEETS