

Daily Activities Worksheet

GRADE 9 - SIMPLE PAST TENSE

Multiple Choice

Choose the best answer to complete the sentence. Use the Simple Past Tense.

1. Yesterday, I _____ (wake up/woke up) at 7 AM.
2. She _____ (eat/ate) breakfast before going to school.
3. We _____ (watch/watched) a movie last night.
4. He _____ (play/played) football in the park.
5. They _____ (go/went) to the beach on Sunday.

Fill in the Blanks

Fill in the blanks with the Simple Past Tense of the verbs in parentheses.

1. I _____ coffee this morning.
2. She _____ a book in the library.
3. We _____ our grandparents last week.
4. He _____ for the test.
5. They _____ to Paris last summer.

Match the Sentences with Pictures

Match each sentence to the picture that best represents it.

1. I brushed my teeth. (....)
2. She cooked dinner. (....)
3. We cleaned the house. (....)
4. He did his homework. (....)
5. They listened to music. (....)



Listening Section

Please watch the video on the right to answer the questions below.

1. What time did the person wake up?
2. What did the person eat for breakfast?
3. Where did the person go after breakfast?
4. What activity did the person do in the afternoon?
5. What did the person do before going to bed?

Writing Task

Write a short paragraph (50-75 words) about your daily activities yesterday. Use the Simple Past Tense. Be creative and include details!

Example: Yesterday, I woke up at 7:30 AM. I ate toast and eggs for breakfast. After that, I went to school. In the afternoon, I studied with my friends. In the evening, I watched a movie with my family. Finally, I went to bed at 10:00 PM.

Summary

This worksheet helped you practice using the Simple Past Tense to describe daily activities. We covered multiple choice questions, fill-in-the-blanks, matching exercises, a listening comprehension task, and a creative writing activity. Keep practicing to improve your English skills!