Review Listening skills

Grade 11 (1, 2,3)

Global success

1. Listen and fill in the blank. (no more than 2 words)

- Good evening. This is Oliver and this is Teen Life, where we answer questions from young
people this week. We have received a lot of, so today we have Catherine
Jones, our, to talk about for teenagers and how food can
affect their health. Welcome and thank you for joining us, Catherine.
- Good evening and thank you for inviting me.
- Well, when people want to their health and fitness, they often think of
expensive
if we just eat healthily. For example, a lot of teenagers
acne, pimples or other skin issues and often look for expensive
products. This is not necessary because they can simply change their diets
for Food with a lot of sugar is not very good for your skin, so you should
on sugary desserts and drinks. By contrast, brown, yogurt,
and green vegetables are great for healthy skin. Moreover, green vegetables
can improve and memory and help teens concentrate better. Teenagers are
still growing, so they also need food for building strong and muscles. Research
shows that eggs, fish, butter, carrots and sweet potatoes can help make them taller and stronger.
Although food can't exercise, eating a supplying all the nutrients
you need will definitely help improve your muscle
- I guess you are what you eat after all. Thank you, Catherine.
2. Listen and fill in the blank. (no more than 2 words)
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- You look, Mai. What's the matter?
- Well, it's my mum. She keeps about my appearance.
- Oh, I'm sorry to hear that.
- Yeah, she doesn't like my choice in clothes and
- I see. So what's wrong with your clothes and hair?



Nothing wrong, but my mum doesn't allow me to wear to school. I'm not allowed
- mathyser - George of Group and Group and Architecture of the contract of the
to color my hair either, she said. She never wore tight clothes or colored her hair when she was
at school.
- Well, I think she's right. We have to to school, remember? And school
rules don't allow hair.
Yeah, I know, but I just want to look different on occasions.
Then you should tell your mum about it. I think she'll
- Maybe you're right.
- What about you, Kevin? Do you come into with your parents?
Not really, but they try to limit the time I spend on my and laptop. They don't
really understand that I mainly use them for my homework, not to play games or post on
media.
Perhaps they worry about your
Yes, maybe that's why they my phone and laptop at 10:00 PM sometimes.
- I don't even have time to my homework.
Why don't you try to write down your homework assignments on paper first? Then you can
type them on your laptop.
- That's a
That's a The dry to do that next time.
Listen and fill in the blank (no more than 2 words)
3. Listen and fill in the blank. (no more than 2 words)
Good marning. Walcome to our weakly program Urban. In today's program we'll
Good morning. Welcome to our weekly program Urban In today's program, we'll
be talking about the disadvantages of living in a
Miss Stevens, a city who has been living in a smart city for a year now. Good
morning, Miss Stevens.
- Good morning.
I understand that you don't like living in the Why is that? What are you worried
about most?
Well, my main worry is losing my right to privacy in
and are everywhere, and they collect information about me and my
So it seems that someone is watching you all the time, right?
Exactly. The and some companies have so much personal



Yes, it's a bit worrying. But this information probably enables smart cities to create useful	
programs and improve people's Smart technologies can also help with dail	y
chores. Are you not happy with that?	
No, I don't think so. It took me a long time to get with all the smart devices a	ıt
nome. I don't really have any friends to ask for help in the	
This leads me to my next question. Do you think there is a of community i	n
your neighborhood?	
No, there isn't. I with very few people face to face because most of the	e
activities can be done online.	
Do you feel sometimes?	
Yes, our smart devices are all connected, but it seems we're becoming lonelier than an	y
previous	
That's very sad. Thank you for sharing your thoughts with us, Miss Stevens.	
You're	
Listen and fill in the blank. (no more than 2 words)	
Good morning everyone. As we know, over the last century, life has increased	i.
Many of the richest countries in the world have a life expectancy of over years. For	r
example, in 2022, the life expectancy in Switzerland, Singapore and Italy was over	
years, while in Hong Kong and Japan it was above 85 years. The current life expectance	y
worldwide is over 72 years and it's expected to So why is it increasing? Wel	١,
here are many reasons for this. I'll talk about three of them. First, people nowadays can ge	t
access to bettere that helps them stay healthy and Second, more	e
people understand the of good health. So they break bad habits such a	S
and drinking and start practicing healthier In addition	ı,
people eat a moreand healthier foods. They are also more careful i	n
choosing foods and drinks that are lower in, salt and fat. And finally, peopl	e
nowadays have a better understanding of age-related and how to then	ı.
This helps themthemselves better and reach for any possible age-relate	d
liseases. So now let's move on to	
. What is the life expectancy in many of the richest countries?	
A. More than 80. C. More than 85.	
2. What was the life expectancy in Japan in 2022?	
A. Over 94. B. About 84. C. Over 85.	
3. According to the speaker, what is the first reason for the increased life expectancy?	
A People get access to better food	



- B. Better medical care is available.
- C. People live in a better environment.
- 4. What do people do when they realize the importance of good health?
- A. They continue unhealthy habits such as smoking and drinking.
- B. They stop doing things that are bad for their health.
- C. They ignore what they eat or drink every day.
- 5. What is the benefit of understanding age-related diseases better?
- A. People can live as long as they want.
- B. People can treat their diseases.
- C. People can take better care of themselves.

