Complete the sentences with the words in the box.

all always every hardly often once rarely week

1 I usually do exercise _____ a day.
2 I _____ arrive early to class. I don't like to be late.
3 She checks her email _____ the time!
4 I want to pass my exam, so I study _____ day after college.
5 I like going out, so I _____ stay at home on Friday evenings.
6 I don't _____ watch sport on TV – I think it's boring!
7 I visit my mum once a _____, usually on Saturdays.
8 My best friend lives in another town, so I _____

LIVEWORKSHEETS