

TOPIC 7: WORK

1. What do you do?

Sample Answer 1:

I'm currently a _____ (sophomore / freshman / senior) at the University of _____ (Education / Medicine / Technology), majoring in _____ (Mathematics Education / Medicine / Computer Science).

My goal is to become a _____ (math teacher / doctor / software engineer) in the future.

Sample Answer 2:

I work as a _____ (teacher / tour guide / nurse).

I mainly help _____ (students learn / tourists explore / patients recover) and make sure they have a good _____ (learning / travel / treatment) experience.

Sample Answer 3:

Right now, I'm doing an internship as a _____ (medical assistant / teaching assistant / travel guide) at a local _____ (hospital / school / travel agency).

It's a great way to gain real-life _____ (experience / skills / knowledge) before I graduate.

2. Do you have any career plans yet?

Sample Answer 1:

Yes, absolutely! My main _____ (career plan / goal / dream) is to become a _____ (teacher / doctor / pharmacist) after I _____ (graduate / finish my studies).

I'm really _____ (focused / passionate / determined) on developing the skills I need to succeed.

Sample Answer 2:

Yes, I do! I plan to work as a _____ (tour guide / nurse / software engineer) because I really enjoy _____ (traveling / helping patients / solving problems).

It's something I've always been _____ (interested in / passionate about / excited to do).

Sample Answer 3:

Not exactly, but I'm exploring different options.

I might become a _____ (teacher / doctor / researcher) or even start my own _____ (business / clinic / company) in the future.
I just want a job that's both _____ (meaningful / stable / rewarding) and enjoyable.

3. Are you happy to take on a challenging job?

Sample Answer 1:

Yes, I think challenging jobs help me _____ (grow / learn / develop) and _____ (improve / strengthen) my skills.
Although being a _____ (doctor / teacher / engineer) can be stressful, it's also very _____ (rewarding / fulfilling / meaningful).

Sample Answer 2:

Of course! I love challenges because they push me to become a better _____ (person / worker / professional).
Even when things get _____ (tough / stressful / busy), I try to stay positive and learn from every _____ (experience / mistake / situation).

Sample Answer 3:

Yes, I believe challenges are a great way to test my _____ (abilities / confidence / patience).
In fact, I'd rather take on a _____ (difficult / demanding / complex) job that helps me grow than an easy one that's _____ (boring / repetitive / unmotivating).

TOPIC 8: HEALTH / KEEPING FIT

1. Are you careful about what you eat?

Sample Answer 1:

Yes, I try to eat carefully to _____ (stay / keep / remain) healthy and _____ (maintain / boost / balance) my energy levels.
I usually eat _____ (home-cooked / healthy / simple) meals with vegetables and protein, though I enjoy _____ (junk food / fast food / snacks) occasionally as a treat.

Sample Answer 2:

Yes, I pay a lot of attention to my _____ (diet / eating habits / nutrition).
I prefer _____ (fresh / homemade / low-fat) food and drink a lot of _____
(water / juice / tea) instead of soda.
But sometimes I can't resist eating _____ (pizza / fried chicken / sweets).

Sample Answer 3:

I try to eat a balanced diet every day.
For breakfast, I usually have _____ (oatmeal / eggs / fruit), and for lunch, I eat
_____ (rice with vegetables / salad / chicken).
I avoid _____ (sugary / oily / processed) food as much as possible to stay fit.

2. Do you like to exercise regularly?**Sample Answer 1:**

Yes, I exercise regularly to _____ (stay / keep / get) fit and _____ (reduce /
relieve / manage) stress.
I often _____ (jog / run / cycle) in the morning and do some _____
(weightlifting / stretching / yoga) at the gym.

Sample Answer 2:

Absolutely! Working out helps me feel more _____ (energetic / relaxed /
confident) and stay healthy.
I usually go to the _____ (gym / park / sports center) three times a week, and I
love doing _____ (cardio / yoga / pilates) with my friends.

Sample Answer 3:

To be honest, I don't exercise every day, but I try to stay _____ (active / fit /
healthy).
I like _____ (walking / swimming / playing football) in my free time, and
sometimes I do _____ (simple workouts / push-ups / jogging) at home.

3. How important is a healthy lifestyle for you?**Sample Answer 1:**

A healthy lifestyle is very _____ (important / essential / necessary) to me.
It helps me _____ (stay / remain / feel) productive and feel good physically and

_____ (mentally / emotionally / spiritually).

I always try to _____ (eat well / exercise / sleep enough) even when I'm busy.

Sample Answer 2:

For me, living healthily is one of my top _____ (priorities / goals / habits).

It keeps me in a good _____ (mood / shape / condition) and gives me more energy for work or study.

I believe that small habits like _____ (drinking water / sleeping early / stretching daily) make a big difference.

Sample Answer 3:

I think having a healthy lifestyle is _____ (crucial / very beneficial / the key to happiness).

It doesn't only improve my body but also my _____ (mind / confidence / productivity).

That's why I always make time for _____ (exercising / resting / meditating) no matter how busy I am.