

## Work and Free Time

These days, many people feel that they don't have enough time for both work and leisure. When you start (1) \_\_\_\_\_ new job, everything seems exciting and challenging. But after a (2) \_\_\_\_\_ months, many people begin to feel tired.

I work in (3) \_\_\_\_\_ office in the city centre. The job is interesting, but sometimes there is too (4) \_\_\_\_\_ pressure and not enough rest. Every morning I leave home at seven and come back late in (5) \_\_\_\_\_ evening.

During the week, I usually have (6) \_\_\_\_\_ energy left to do sports or meet friends. That's why weekends are very important to me. On Saturdays I like (7) \_\_\_\_\_ spend time outdoors, especially if the weather is nice.

My colleague Anna relaxes in a different way. She enjoys cooking and often invites friends to her house for dinner. She says that preparing food helps (8) \_\_\_\_\_ forget about stress. I think that's a good idea, although I prefer going out rather than staying (9) \_\_\_\_\_ home.

Balancing work and free time isn't easy, but I believe everyone can improve it. The first step is to plan your week carefully and decide what really matters to (10) \_\_\_\_\_. I try to leave my office earlier at least once a week so that I can go (11) \_\_\_\_\_ a walk or meet (12) \_\_\_\_\_ friends.

Last month, I joined a photography course after work. It takes (13) \_\_\_\_\_ of time, but it's something I really enjoy. I've already taken (14) \_\_\_\_\_ nice pictures of nature and city life.

In the future, I hope to travel more and maybe even turn my hobby (15) \_\_\_\_\_ a part-time job.