

Exercise 1

Choose the correct option for each gap.

1 I grow my own _____ in my garden.

- A.squid
- B.prawns
- C.beef
- D.carrots

2 I love the smell of freshly- _____ bread.

- A.roasted
- B.baked
- C.fried
- D.boiled

3 We eat fish twice a week. My favourite type is _____.

- A.mussels
- B.lamb
- C.salmon
- D.courgette

4 I made a lovely salad with fresh green _____.

- A.cauliflower
- B.carrots
- C.aubergines
- D.spinach

5 I rarely eat red meat these days; just some _____ from time to time.

- A.beef
- B.crab
- C.oysters
- D.tuna

6 I had slices of tasty red _____ with my breakfast this morning.

- A.mango
- B.carrot
- C.aubergine
- D.watermelon

7 Last Sunday, we had beef, which had been _____ in the oven.

- A.fried
- B.steamed
- C.boiled
- D.roasted

8 We grow _____ in our garden, which we then make into wine.

- A.raspberries
- B.zucchini
- C.grapes
- D.lobster

9 _____ food is very healthy because it is cooked in vapour instead of oil.

- A.Steamed
- B.Boiled
- C.Fried
- D.Sauteed

10 I think _____ meat is much tastier than meat from other birds.

- A.pork
- B.duck
- C.lamb
- D.beef

Exercise 2

Choose the most suitable option to complete these sentences. You can use each option ONLY ONCE.

- 1 The red meat of _____ is used in sushi.
- 2 Open the _____ shells and pull out the tasty orange meat.
- 3 _____ is the only seafood that I really do not like.
- 4 I don't _____ very often these days because restaurants are so expensive.
- 5 When he stopped playing football, he _____ 10 pounds.
- 6 _____ is the only green vegetable that the children refuse to eat.
- 7 I bought a shiny purple _____ and used it to make a pasta sauce.
- 8 I'm trying to _____ coffee, so I'm only having one cup a day.
- 9 I broke the red _____ shell and removed the tasty white meat.
- 10 After I _____ the eggs, I remove the shell and cut them in half.

Exercise 3

Complete the sentence using a word from the box. You can use each option ONLY ONCE.

baked – boiled – cabbage – crab – fried – go on a diet – peppers –
turkey – watermelon – zucchini

- 1 I need to because all my clothes are suddenly too tight.
- 2 I fried some yellow and red and used them to make a sauce.
- 3 Sara won't have any because she is a vegetarian.
- 4 is my favourite type of seafood.
- 5 He always has eggs and bacon for breakfast.
- 6 I bought a purple from the market and used it to make a salad.
- 7 I sliced open the green to reveal its white flesh.
- 8 The shop sells cakes, muffins, biscuits, and other goods.
- 9 I sliced open the and cut myself a piece of the juicy red flesh.
- 10 meat doesn't have much flavour. I prefer it roasted or fried.

Exercise 4

Match the sentences/pictures with the terms.

peppers

_____ food is cooked in the oven,
like bread or cakes.

raspberries

_____ green, red, or yellow vegetables
that add flavor and color to many
dishes.

peach

_____ are often used in desserts.

oysters

_____ are considered a luxury food.
They can also produce pearls.

cabbage

_____ is a round vegetable with
white, green, or purple leaves.

baked

A _____ is a sweet summer fruit with
pink-orange skin.