

SPORTS & FITNESS VOCABULARY ASSIGNMENT

A) Match each phrasal verb with its correct definition.

1- carry on	a) Stop doing something because it's too hard
2- catch up	b) Continue doing something
3- drop out	c) Enroll/register for an activity
4- give up	d) Do physical exercise
5- join in	e) Begin a new hobby/sport
6- work out	f) Participate in an activity
7- sign up	g) Reach the same level as someone else
8- take up	h) Leave a course/sport before finishing

B) Choose the odd one out:

People: REFEREE	COMPETITORS	FITNESS TRACKER	PERSONAL TRAINER
Places: FITNESS CENTRE	TRACKSUIT	COURT	PITCH
Objects/Equipment: DIVE	HELMET	NET	SPORTS WATCH
Actions: GO JOGGING	HIKING	OPPONENTS	ROCK CLIMBING
Sports: HOCKEY	RUGBY	BASKETBALL	PUSH-UPS

C) Unscramble the words

OHSOT:

THEALCTSI:

IIKNGH:

KINSIG:

TRSECHT:



D) Complete the sentences with the correct phrasal verb:

1. She didn't enjoy the swimming course, so she decided to _____.
2. If you want to stay healthy, you should ____ a sport.
3. I need to ____ for the yoga class online.
4. Come on, ____! Don't stop running now.
5. He runs very fast, I can't ____ him.