

## SPORTS & FITNESS VOCABULARY ASSIGNMENT

A) Match each phrasal verb with its correct definition.

- |             |   |
|-------------|---|
| 1- carry on | a) Stop doing something because it's too hard |
| 2- catch up | b) Continue doing something                   |
| 3- drop out | c) Enroll/register for an activity            |
| 4- give up  | d) Do physical exercise                       |
| 5- join in  | e) Begin a new hobby/sport                    |
| 6- work out | f) Participate in an activity                 |
| 7- sign up  | g) Reach the same level as someone else       |
| 8- take up  | h) Leave a course/sport before finishing      |

B) Choose the odd one out:

People: REFEREE      COMPETITORS      FITNESS TRACKER      PERSONAL TRAINER  
Places: FITNESS CENTRE      TRACKSUIT      COURT      PITCH  
Objects/Equipment: DIVE      HELMET      NET      SPORTS WATCH  
Actions: GO JOGGING      HIKING      OPPONENTS      ROCK CLIMBING  
Sports: HOCKEY      RUGBY      BASKETBALL      PUSH-UPS

C) Unscramble the words

OHSOT:

THEALCTSI:

IIKNGH:

KINSIG:

TRSECHT:

D) Complete the sentences with the correct phrasal verb:

1. She didn't enjoy the swimming course, so she decided to \_\_\_\_\_.
2. If you want to stay healthy, you should \_\_\_\_\_ a sport.
3. I need to \_\_\_\_\_ for the yoga class online.
4. Come on, \_\_\_\_\_! Don't stop running now.
5. He runs very fast, I can't \_\_\_\_\_ him.

