

## SIMPLE PRESENT VS. PRESENT CONTINUOUS

by Julian Conde

### I. Read the differences.

#### Simple Present

- For:
  - Habits & routines (I eat breakfast at 7 AM.)
  - General truths (Water boils at 100°C.)
- Form:
  - I/You/We/They + base verb (They play soccer.)
  - He/She/It + verb + -s/-es (She watches TV.)

#### Present Continuous

- For:
  - Actions happening now (I am eating lunch.)
  - Actions these days (He is staying at a hotel this week.)
- Form:
  - am/is/are + verb + -ing (She is reading a book.)



### II. Complete with **simple present**.

1. She \_\_\_\_\_ (like) chocolate.
2. They \_\_\_\_\_ (play) football every Saturday.
3. My brother \_\_\_\_\_ (watch) TV in the evening.
4. We \_\_\_\_\_ (go) to school by bus.
5. The sun \_\_\_\_\_ (rise) in the east.

### III. Change to negative sentences.

1. He **eats** vegetables. → \_\_\_\_\_.
2. They **speak** French. → \_\_\_\_\_.
3. We **watch** horror movies. → \_\_\_\_\_.
4. My cat **sleeps** on the sofa. → \_\_\_\_\_.
5. You **work** on Sundays. → \_\_\_\_\_.

### IV. Complete with **present continuous**.

1. She \_\_\_\_\_ (read) a book now.
2. They \_\_\_\_\_ (play) football in the park.
3. My brother \_\_\_\_\_ (watch) TV at the moment.
4. We \_\_\_\_\_ (have) lunch right now.
5. The baby \_\_\_\_\_ (cry) because he's hungry.

### V. Complete with **simple present** or **present continuous**.

1. She usually \_\_\_\_\_ (wear) glasses, but today she \_\_\_\_\_ (wear) contact lenses.
2. They \_\_\_\_\_ (not/watch) TV every night, but they \_\_\_\_\_ (watch) a movie now.
3. My dad \_\_\_\_\_ (cook) dinner on Fridays, but today my mom \_\_\_\_\_ (cook).
4. The bus \_\_\_\_\_ (leave) at 7 AM, but today it \_\_\_\_\_ (run) late.

#### Common time expressions

##### Simple present:

always, usually, often, sometimes, rarely, never every day / week / month / year.

##### Present continuous:

now, right now, at the moment, this week / month / year, these days.

