

Read the text in each of the following situations and choose the **best** meaning for the phrases that are underlined.

After weeks of anticipation, the day of the marathon had finally arrived. As the runners took off, the spectators cheered them on.

The first few miles were tough, but the runners pushed through the pain and kept going. As they approached the halfway point, the sun began to beat down on them, making the race even more challenging.

Despite the difficult conditions, the runners dug deep and continued to put one foot in front of the other. Some runners even began to hit the wall and slow down, but others found their second wind and picked up the pace.

In the end, the winner crossed the finish line with a time of just over two hours, and the other runners trickled in over the next several hours.

1. **Took off**

- A. Took a break    B. started running    C. removed their shoes    D. went home

2. **pushed through the pain**

- A. gave up    C. kept going despite the discomfort  
B. C. asked for medical attention    D. slowed down to rest

3. **dug deep**

- A. gave up    B. found inner strength to continue    C. asked for help    D. took a break

4. **hit the wall**

- A. reached a point of exhaustion    C. ran into a physical barrier  
B. encouraged a literal wall on the course    D. felt energized and ready to finish strong

5. **found their second wind**

- A. felt exhausted and gave up    C. discovered a new motivation to keep going  
B. experienced a second wave of fatigue    D. decided to take a break

6. **crossed the finish line**

- A. stopped running    B. finished the race    C. dropped out of the race    D. started the race

7. **trickled in**

- A. arrived quickly    C. arrived slowly and gradually  
B. arrived in a large group    D. didn't finish the race

Read the text in each of the following situations and choose the **best** meaning for the phrases that are underlined.

Alice was eagerly waiting for her best friend, Lily, to arrive. They were planning to go on a road trip together in a few hours.

They spent the morning packing all the essentials for their journey. Alice had made a list of things to bring and Lily helped her to double-check everything. Once they were sure they had everything they needed, they decided to take a break and have some lunch.

After lunch, they loaded up the car with their luggage and set off on their adventure. They were both excited to explore new places and experience different cultures.

1. **in a few hours**

- |                              |                   |
|------------------------------|-------------------|
| A. a few minutes ago         | C. in a few days  |
| B. in a short amount of time | D. in a few weeks |

2. **They spent the morning packing**

- A. They spent the morning sleeping.
- B. They spent the morning arguing.
- C. They spent the morning exercising.
- D. They spent the morning putting things in their bags

3. **Loaded up the car**

- A. Removed everything from the car.
- B. Filled the car with fuel
- C. Put their luggage in the car
- D. Drove the car around the block.