Instituto San Francisco
Centro de Lenguas
Online Class - Mr. Bonilla

MY DAILY ROUTINE

Instructions: Complete the sentences below using the correct frequency adverb (always, usually, often, sometimes, rarely, never). Then, write your own sentences about your personal routine.

Fill in the blanks

1. I _____ wake up at 6:30 a.m.
2. I _____ eat breakfast before school or work.
3. I _____ go to bed late on weekdays.
4. I _____ brush my teeth in the morning.
5. I _____ play sports with my friends.
6. I _____ help my family at home.
7. I _____ watch TV after dinner.
8. I _____ read a book before going to sleep.

Write your own sentences

Write 5 sentences about your daily routine using frequency adverbs:

1. _____
2. _____
3. _____
4. _____
5. _____

LIVEWORKSHEETS