





## GRAMMAR

### except for, apart from, (not) even

- 1 A Choose the correct word or phrase to complete the sentences.
- I enjoy watching all sport \_\_\_\_\_ football.  
a apart      b except      c not even
  - Apart \_\_\_\_\_ calling my family, I don't really use my phone.  
a for      b from      c of
  - I never get up late, \_\_\_\_\_ at the weekends.  
a not even      b except      c apart
  - I haven't told anyone except \_\_\_\_\_ Daria.  
a from      b for      c that
  - \_\_\_\_\_ Ahmed didn't like the film and he usually loves action films.  
a Not even      b Even      c Except
  - My sisters look very similar, \_\_\_\_\_ Jane is slightly taller.  
a apart      b except for      c except

- B Complete the forum discussion posts with one word in each gap.


Apart <sup>1</sup> \_\_\_\_\_ your phone, what gadget couldn't you live without?

-  Emily: I couldn't live without my headphones. I listen to music all the time – on the bus, at work, at the gym and <sup>2</sup> \_\_\_\_\_ in bed!
-  Theepan: I have lots of gadgets and I could live without all of them <sup>3</sup> \_\_\_\_\_ for my laptop.
-  Jo: I don't need any gadgets, <sup>4</sup> \_\_\_\_\_ even my phone. I think people rely on technology far too much these days.
-  Marcin: I think I could live without all technology. I don't <sup>5</sup> \_\_\_\_\_ use my phone <sup>6</sup> \_\_\_\_\_ to call my family.


- C The sentences below have a mistake. Choose the best option to correct the mistake.

- The food was so awful, I even finished it.  
a not even finished      b didn't even      c even finish
- I don't use any gadgets, apart my phone.  
a except from my phone      b apart from my phone      c except that
- Apart for James, I haven't invited anyone to the party.  
a Apart      b Except from      c Except for
- A picnic sounds great, apart it's going to rain this afternoon.  
a except it's going      b except for it's going      c even it's going


## LISTENING

- 2A  1.10 | Listen to the introduction to a radio programme. What is a *digital detox*?

- when you reduce the number of gadgets that you have
- when you stop using technology or gadgets for a certain amount of time
- when you try to reduce the amount of time you spend using technology

- B  1.11 | Listen to the whole programme. Are the statements True (T) or False (F)?

- Nancy spent a whole week without using any screens.
- Nancy doesn't usually use her phone in bed.
- Nancy discovered that she uses her phone more than the average amount of time.
- Nancy felt anxious that she wouldn't be able to read important emails during her digital detox.
- Nancy couldn't find out what time films were on at the cinema during her digital detox.
- Nancy didn't sleep as much as usual when she couldn't use her phone.
- After her digital detox, Nancy realised that she does not need to use her phone so much.
- Nancy would like to have another digital detox in the future.

- C  1.11 | Complete the sentences with one word in each gap. The first letter of each word is given. Listen again and check.

- Spending too much time on phones and computers is bad for people's physical and m\_\_\_\_\_ health.
- People in the UK use their phones for an a\_\_\_\_\_ of four hours a day.
- It was a s\_\_\_\_\_ for Nancy that she looked at her phone every ten minutes.
- Nancy realised that she uses her phone for p\_\_\_\_\_ things such as checking her bank account.
- Nancy's c\_\_\_\_\_ with her boyfriend improved because she wasn't distracted by her phone.