



INOCENCIO SCHOOL, INC.

PRESCHOOL . GRADE SCHOOL . JUNIOR HIGH SCHOOL . SENIOR HIGH SCHOOL

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Lesson 3: Clean is healthy

GMRC 1

Read each sentence carefully. Choose **YES** if the sentence shows a clean and healthy habit and **NO** if it does not.

1. I wash my hands before I eat.	
2. I wipe my hands on my shirt after eating.	
3. I brush my teeth only when I remember.	
4. I wash fruits before eating them.	
5. I pick up trash and put it in the garbage can.	
6. I forget to flush the toilet sometimes.	
7. I share my water bottle with my friend.	
8. I sneeze into my elbow.	
9. I use soap when washing my hands.	
10. I clean my ears with a pencil.	
11. I help clean the table after eating.	
12. I drink juice instead of water every day.	
13. I play in dirty water.	
14. I share my used spoon with my friend.	
15. I keep my school bag neat and clean.	