

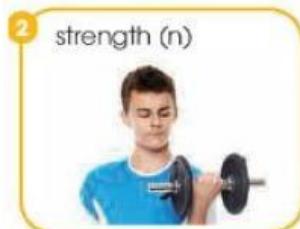
UNIT 1 – A LONG AND HEALTHY LIFE

LESSON 2: LANGUAGE

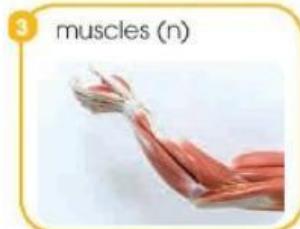
1. Match each word (1-5) with its meanings (a-e).



a pieces of flesh in our body that allow the movement of our arms, legs, etc.



c the quality of being physically strong



d to have a health problem

e to look at someone's body carefully to find out if there is a health problem



2. Complete the following sentences using the correct forms of the words in 1.

1. The doctor _____ her carefully, but could not find anything wrong.

2. He is receiving _____ for his health problem.

3. Regular exercise can help you improve your muscle _____.

4. To build your _____ you can try lifting weights.

5. Nam can't sleep well. He is _____ stress.

3. Choose the best answer (A, B, C, or D) to complete each sentence.

1. Despite undergoing months of medical _____, his condition showed little improvement.

- A. examination
- B. treatment
- C. strength
- D. suffering

2. The athlete's remarkable _____ enabled her to finish the marathon even after sustaining an ankle injury.

- A. muscle
- B. treatment
- C. strength
- D. examination

3. Intense weightlifting without proper rest may cause serious damage to your _____.

- A. sufferings
- B. treatments
- C. muscles
- D. strengths

4. In developing countries, many children still _____ from malnutrition due to lack of access to healthy food.

- A. examine
- B. suffer
- C. muscle
- D. strengthen

5. Before prescribing medication, the doctor decided to thoroughly _____ the patient for any hidden signs of infection.

- A. suffer
- B. examine
- C. strengthen
- D. treat

THE END