UNIT 1 – A LONG AND HEALTHY LIFE

LESSON 2: LANGUAGE

1. Match each word (1-5) with its meanings (a-e).

1 treatment (n)



2 strength (n)



3 muscles (n)



a pieces of flesh in our body that allow the movement of our arms, legs, etc.

b something that helps to cure an illness or injury

c the quality of being physically strong

d to have a health problem

e to look at someone's body carefully to find out if there is a health problem

4 suffer (from) (v)



5 examine (v)



2. Complete the following sentences using the correct forms of the words in 1.

1.The doctor _____ her carefully, but could not find anything wrong.

2. He is receiving _____ for his health problem.

3. Regular exercise can help you improve your muscle _____.

4. To build your _____ you can try lifting weights.

5. Nam can't sleep well. He is _____ stress.

LIVEWORKSHEETS

3. Choose the best answer (A, B, C, or D) to complete each sentence.

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1. Despite undergoing months of medical _____, his condition showed little improvement.
A. examination
B. treatment
C. strength
D. suffering

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2. The athlete's remarkable _____ enabled her to finish the marathon even after sustaining an ankle injury.
A. muscle
B. treatment
C. strength
D. examination

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3. Intense weightlifting without proper rest may cause serious damage to your _____.
A. sufferings
B. treatments
C. muscles
D. strengths

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4. In developing countries, many children still _____ from malnutrition due to lack of access to healthy food.
A. examine
B. suffer
C. muscle
D. strengthen

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5. Before prescribing medication, the doctor decided to thoroughly _____ the patient for any hidden signs of infection.
A. suffer
B. examine
C. strengthen
D. treat

THE END

LIVEWORKSHEETS