

UNIT 1 – A LONG AND HEALTHY LIFE

LESSON 2: LANGUAGE

1. Match each word (1-5) with its meanings (a-e).

1 treatment (n)



a pieces of flesh in our body that allow the movement of our arms, legs, etc.

b something that helps to cure an illness or injury

4 suffer (from) (v)



2 strength (n)



c the quality of being physically strong

d to have a health problem

5 examine (v)



3 muscles (n)



e to look at someone's body carefully to find out if there is a health problem

2. Complete the following sentences using the correct forms of the words in 1.

1. The doctor _____ her carefully, but could not find anything wrong.

2. He is receiving _____ for his health problem.

3. Regular exercise can help you improve your muscle _____.

4. To build your _____ you can try lifting weights.

5. Nam can't sleep well. He is _____ stress.

3. Choose the best answer (A, B, C, or D) to complete each sentence.

1. Despite undergoing months of medical _____, his condition showed little improvement.

- A. examination
 - B. treatment
 - C. strength
 - D. suffering
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2. The athlete's remarkable _____ enabled her to finish the marathon even after sustaining an ankle injury.

- A. muscle
 - B. treatment
 - C. strength
 - D. examination
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3. Intense weightlifting without proper rest may cause serious damage to your _____.

- A. sufferings
 - B. treatments
 - C. muscles
 - D. strengths
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4. In developing countries, many children still _____ from malnutrition due to lack of access to healthy food.

- A. examine
 - B. suffer
 - C. muscle
 - D. strengthen
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5. Before prescribing medication, the doctor decided to thoroughly _____ the patient for any hidden signs of infection.

- A. suffer
 - B. examine
 - C. strengthen
 - D. treat
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THE END