

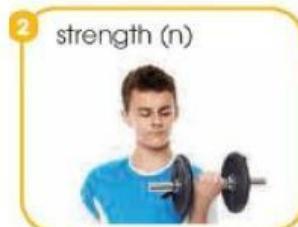
UNIT 1 – A LONG AND HEALTHY LIFE

LESSON 2: LANGUAGE

1. Match each word (1-5) with its meanings (a-e).

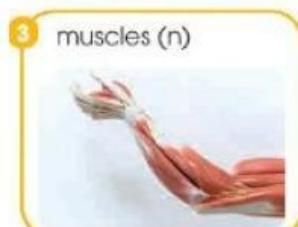


a pieces of flesh in our body that allow the movement of our arms, legs, etc.



c the quality of being physically strong

d to have a health problem



e to look at someone's body carefully to find out if there is a health problem



2. Complete the following sentences using the correct forms of the words in 1.

1. The doctor _____ her carefully, but could not find anything wrong.

2. He is receiving _____ for his health problem.

3. Regular exercise can help you improve your muscle _____.

4. To build your _____ you can try lifting weights.

5. Nam can't sleep well. He is _____ stress.

THE END