

UNIT 1 – A LONG AND HEALTHY LIFE

LESSON 2: LANGUAGE

1. Match each word (1-5) with its meanings (a-e).

1 treatment (n)



a pieces of flesh in our body that allow the movement of our arms, legs, etc.

b something that helps to cure an illness or injury

4 suffer (from) (v)



2 strength (n)



c the quality of being physically strong

d to have a health problem

5 examine (v)



3 muscles (n)



e to look at someone's body carefully to find out if there is a health problem

2. Complete the following sentences using the correct forms of the words in 1.

1. The doctor _____ her carefully, but could not find anything wrong.

2. He is receiving _____ for his health problem.

3. Regular exercise can help you improve your muscle _____.

4. To build your _____ you can try lifting weights.

5. Nam can't sleep well. He is _____ stress.

THE END