

REVIEW UNIT 6: LIFESTYLES - TEST 1**Môn: Tiếng Anh – Lớp 8 Bộ sách: Global Success****Thời gian làm bài: 60 phút****A. LISTENING: (2.0 points)**

PART 1. Listen to the recording about **different lifestyles** and Circle A.True or B. False according to what you have just heard . You will listen to the recording **TWICE. (1.0 point)**

(NB) Question 1: Mathew has never owned a mobile phone.

- A. True
- B. False

(NB) Question 2: Mathew always feels jealous of other people who use phones.

- A. True
- B. False

(NB) Question 3: Sometimes Mathew feels left out because people focus too much on their phones.

- A. True
- B. False

(NB) Question 4: Tess only checks her phone once a day, usually before bedtime.

- A. True
- B. False

(TH) Question 5: Tess feels she has become more addicted to her phone and cannot imagine life without it.

- A. True
- B. False

PART 2. You will hear the recording about **technology changes** and circle the right answer (A, B, C, or D) for each of the questions according to what you have just heard. You will listen to the recording **TWICE. (1.0 point) skill 2**

(NB) Question 6:

What happened while Mai's class was studying online this morning?

- A. The Internet stopped working
- B. The teacher was absent

- C. The power went off
- D. The lesson was cancelled

(NB) Question 7:

Why does Chris like studying online?

- A. It's more interesting
- B. It's convenient and comfortable
- C. He can meet his friends
- D. It helps him concentrate better

(NB) Question 8:

Why does Mai not like online learning?

- A. She doesn't have a computer
- B. She finds it difficult to concentrate
- C. She prefers studying alone
- D. She doesn't like her teachers

(NB) Question 9:

What health problems can online learning cause?

- A. Headaches and sore eyes
- B. Backache
- C. Stress and tiredness
- D. Earache

(TH) Question 10:

According to Mai and Chris, how is technology changing our lifestyle?

- A. It makes life more difficult
- B. It helps us keep in touch and changes how we live and work
- C. It reduces communication with friends
- D. It stops people from going to school

B. KNOWLEDGE OF LANGUAGE: (1.6 points)

PART 1: Read the following advertisement/ announcement and mark the letter A, B, C and D on your answer sheet to indicate the option that best fit each of the numbered blanks (0.8 point)

JOIN THE LIFESTYLE FAIR!

Our school is going to hold a Lifestyle Fair this weekend to help students learn more about healthy living. There will be different booths showing traditional crafts, games, and food. Students will (11) _____ activities such as weaving, dancing, and cooking.

In addition, you can (12) _____ healthy habits by joining workshops about balanced diets and exercise.

Remember: it is (13) _____ that students should bring their own water bottles to reduce plastic waste.

If you attend the fair, you (14) _____ more about how to balance study and a healthy lifestyle.

(NB) Question 11:

- A. practise B. practises C. practised D. practising

(NB) Question 12:

- A. keep B. keeps C. kept D. keeping

(NB) Question 13:

- A. the traditional B. traditionally C. tradition D. traditional

(TH) Question 14:

- A. will learn B. would learn C. will earn D. are going to learning

PART 2: Read the following leaflet and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks (0.8 point)

JOIN THE SCHOOL HEALTHY LIFESTYLE FAIR!

This weekend, our school will organise a big event to help students learn about healthy living. There will be exciting activities such as (15) _____, where you can try cooking nutritious food, and workshops on exercise and mental health.

Visitors will also take part in a (16) _____ to share ideas about protecting the environment and staying fit.

Remember: it is (17) _____ that students stay active by joining at least one sport game.

If you attend the fair, you (18) _____ many useful tips to improve your daily lifestyle.

(NB) Question 15:

- A. cooking B. cooks C. cooked D. cook

(NB) Question 16:

- A. discussion B. discuss C. discussing D. discussed

(NB) Question 17:

- A. importantly B. important C. importance D. unimportant

(TH) Question 18:

- A. will get B. will go C. will learn D. will come

C. READING: (3.0 points)

PART 1. Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions from 19 to 24. (1.2 points) 120 từ.

Cultural differences occur wherever you go abroad. When visiting another country, you should always be aware of these differences and respect them. Here are some useful tips on how to fit in more easily. Every traveller to a foreign country feels awkward at some point, and sometimes your behaviour may make locals laugh. Don't worry too much — your best defense is a good sense of humour. If you can laugh off eating with the wrong hand in India, locals will usually be more accepting of you. Wearing proper clothes is another important rule, because people may judge you by what you wear. In some Middle Eastern countries, exposing too much flesh is strictly forbidden, especially for women. So, it's better to leave your short skirts or torn jeans at home. Also, be cautious about expressing emotions in public. For example, getting angry in Southeast Asia makes you look impolite, while in some countries kissing in public is considered inappropriate. Respect always helps you connect better with locals.

(Adapted from Global workbook 8)

(NB) Question 19:

If you can _____ off eating with the wrong hand in India, locals will usually be more accepting of you.

- A. laugh
B. smile
C. shout
D. speak

(NB) Question 20:

According to the passage, people may _____ you by what you wear.

- A. judge
B. help
C. invite
D. teach

(NB) Question 21:

In some Middle Eastern countries, women should avoid wearing _____.

- A. short skirts
- B. long dresses
- C. headscarves
- D. loose shirts

(TH) Question 22:

The word “**forbidden**” in the passage is closest in meaning to _____.

- A. accepted
- B. prohibited
- C. suggested
- D. encouraged

(TH) Question 23:

Which of the following is NOT mentioned as cultural advice in the passage?

- A. Wearing suitable clothes
- B. Avoiding certain emotions in public
- C. Bringing traditional gifts
- D. Keeping a good sense of humour

(TH) Question 24:

What is the main message of the passage?

- A. Respecting cultural differences helps travellers connect better
- B. Travellers should learn the local language before visiting
- C. Food is the best way to understand a culture
- D. It is difficult to travel abroad without local friends

PART 2. Read the following conversation and mark the letter A, B, C, D on your answer sheet to indicate the best answer to each of the following questions from 25 to 29. (1.0 point)

Different Lifestyles Around The World

My family moved to Sweden because of my dad’s job. I went to school there for a year. Well, I didn’t like it. The class was so noisy. Students would ask questions all the time. They spoke while the teacher was speaking and shouted at each other. They even sat under their desks. They sometimes called teachers by their first name. I thought it was rude! It’s quite different from studying in my country.

(Lan Tran, Viet Nam)

I went to a foreign country and stayed with my friend's family. When I arrived, they showed me a dog and asked: "Do you like this dog?" I said: "Yeah, yeah." When it was time for dinner, I went to the kitchen and saw a plate of steaming meat. I asked: "What is this?" and they all said: "Dog meat". Oh God! They cooked the dog! I said I liked the dog, and they cooked it. I started crying, and broke down at the table.

(Paul Bennett, England)

(Adapted from Global workbook 8)

(TH) Question 25:

What is the passage mainly about?

- A. Strange food in different countries
- B. Students' noisy behaviour in Vietnam
- C. Cultural differences people may face abroad
- D. How to make foreign friends easily

(NB) Question 26:

What did Swedish students sometimes do in class?

- A. Sit under their desks
- B. Sleep during lessons
- C. Call parents to complain
- D. Leave the classroom early

(NB) Question 27:

How did Lan Tran feel when students called teachers by their first name?

- A. She thought it was friendly
- B. She thought it was rude
- C. She thought it was interesting
- D. She thought it was polite

(NB) Question 28:

What meat did Paul's friend's family cook for dinner?

- A. Beef
- B. Chicken
- C. Dog
- D. Fish

(TH) Question 29:

What can we infer from Paul's story?

- A. He was excited to try local food
- B. He misunderstood the family's question
- C. He liked eating dog meat
- D. He wanted to stay longer in the country

PART 3. Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 30 to 33. (0.8 point)

We all want to live a healthy and happy life, but sometimes we forget that (30) _____. In fact, it often comes from very simple habits that everyone can follow. For example, many people try to stay fit by doing exercise a few times a week. They might go jogging in a park, swim in a pool, or play games like football, volleyball, or tennis with friends. Dancing is another fun way to move your body and keep active.

Eating a balanced diet is extremely important. Having enough vegetables, fruit, protein, and water gives your body the energy it needs. Experts agree that (31) _____.

Sleeping well every night also helps you stay healthy. Another useful habit is getting fresh air. Just walking outside or sitting in a park can make you feel relaxed and improve your mood. Fresh air is good for (32) _____.

To sum up, healthy living means combining good food, exercise, enough sleep, and a positive lifestyle. Doctors believe that people will enjoy better health (33) _____.

(Adapted from Global workbook 8)

(TH) Question 30.

- A. Healthy living is not too complicated if you follow simple habits.
- B. Healthy living is difficult although people want it.
- C. Healthy living is boring because it takes much time.
- D. Healthy living is useless though many people try.

(TH) Question 31.

- A. Eating the right food gives your body the energy it needs.
- B. Eating vegetables makes people tired and weak.
- C. Eating fruit harms your body although it has vitamins.
- D. Eating protein is dangerous though it helps muscles.

(TH) Question 32.

- A. both body and mind
- B. playing online games
- C. skipping breakfast
- D. fast food only

(TH) Question 33.

- A. in the long run
- B. on holiday
- C. at the moment
- D. under pressure

D. WRITING: (1.4 point)

PART 1 Mark the letter A, B, C or D on your answer sheet to indicate the best arrangement of utterances or sentences to make a meaningful exchange or text in each of the following questions from 34 to 35. (0.4 point)

(TH) Question 34:

- a. Nam: Sure. I'd love to.
- b. Nam: Okay. See you then.
- c. Lan: Will you join us for the football match this weekend?
- d. Lan: Great! We'll meet at the school gate at 7 a.m.

- A. c – a – d – b
- B. a – b – c – d
- C. d – c – a – b
- D. b – a – c – d

(TH) Question 35:

- a. Peter: Thanks for confirming that.
- b. Hoa: You're welcome. Enjoy your visit!
- c. Hoa: Yes, certainly. I checked their website yesterday.
- d. Peter: Are you certain the museum opens on Sunday?

- A. c – d – a – b
- B. a – b – c – d
- C. d – c – a – b
- D. b – a – d – c

(VD) PART 2. Write a paragraph (80–100 words) about the advantages OR disadvantages of online learning.. You might use the following suggestions. (1.0 point)

USEFUL LANGUAGE

- Advantages:
 - save time and money
 - study anywhere, anytime
 - flexible schedule
 - access to online resources / materials
- Disadvantages:
 - lack face-to-face interaction
 - hard to concentrate
 - eye strain / health problems
 - need expensive equipment and stable Internet

OUTLINE

1. **Topic sentence:** Introduce online learning and say whether you find it advantageous or disadvantageous.
2. **Supporting ideas:** Give 2–3 reasons with explanation and examples.
3. **Concluding sentence:** Summarise your opinion.

WRITING EXAMPLE (Advantages)

Online learning has become very popular today because it brings many advantages. Firstly, it helps students save time and money as they don't need to travel to school every day. Secondly, it is very convenient because learners can study anywhere and at any time with just a computer or smartphone. Thirdly, online classes provide access to a lot of useful resources such as videos, e-books, and practice exercises. For these reasons, I think online learning is a flexible and effective way to study in the modern world.

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