

REVIEW UNIT 3: TEENAGERS - TEST 2**Môn: Tiếng Anh – Lớp 8 Bộ sách: Global Success****Thời gian làm bài: 60 phút****A. LISTENING: (2.5 points)**

PART 1: Listen to the audio talking about TEENAGERS and complete the blanks with NO MORE THAN TWO WORDS. You can listen to the recording TWICE.(1.0 point) 140-160W

(NB) 1. Lifestage is a new app created for school _____.

(TH) 2. Instead of using written words, users make _____ to show their profiles.

(NB) 3. The app is especially popular among _____ students.

(VD) 4. Experts recommend avoiding sharing too much _____ online.

PART 2: Listen to the communication about TEENAGERS. Circle A, B C or D to answer each question. You will listen TWICE.(1.5 points) 140-160W

(NB) **Question 5:** Why does Minh feel stressed?

- A. He has to join many school competitions.
- B. His friends don't understand him well.
- C. He wants to improve his speaking skill.
- D. His parents expect him to get top marks in every subject.

(NB) **Question 6:** What does Anna complain about?

- A. She has too little time to join more clubs and study extra classes.
- B. Her mom keeps asking her to join more clubs and extra classes.
- C. She gets low marks in final exams because of extra classes.
- D. She has no friends at high school because of extra classes.

(TH) **Question 7:** What pressure does Minh get from classmates?

- A. They ask him to study harder every day.
- B. They don't let him choose his own subjects.
- C. They pressure him to follow their fashion and behavior.
- D. They want him to stop talking to Anna.

(TH) Question 8: How does Anna cope with peer pressure?

- A. She argues with her classmates.
- B. She ignores everyone and stays alone.
- C. She tries to be like everyone else.
- D. She stays true to herself and chooses good friends.

(VD) Question 9: What advice does Minh agree with at the end?

- A. Always follow what your friends say.
- B. Learning to say “no” is important.
- C. Parents always know what’s best.
- D. Being different is not acceptable.

(VD) Question 10: What is the main message of the conversation?

- A. Peer pressure helps teens grow faster.
- B. Teens should study more and talk less.
- C. It’s important to be yourself despite pressure.
- D. Parents and teachers are the cause of all stress.

B. KNOWLEDGE OF LANGUAGE: (2,5 points)

PART 1: Read the following advertisement/ announcement and mark the letter A, B, C and D on your answer sheet to indicate the option that best fit each of the numbered blanks from 11 to 15 (1.25 points)

SUPPORT FOR STUDENT MENTAL HEALTH

At secondary school, many teens face emotional (11) _____ and need help managing stress and anxiety. These feelings may come from schoolwork, relationships, or even pressure from (12) _____. To support students, some schools organize mental health workshops and provide (13) _____ support with trained counselors or school psychologists.

These programs are useful, (14) _____ not all students are ready to speak about their emotions. Teachers are often the first ones to notice changes in students and can help them connect with a counselor. With regular support, teens can build confidence and manage stress better; (15) _____ they feel happier and perform well in school.

(NB) Question 11:

- A. challenge
- B. challenges
- C. challenging
- D. challenged

(NB) Question 12:

- A. teachers B. classmates C. parents D. principals

(NB) Question 13:

- A. counselled B. counsels C. counselling D. c counsel

(TH) Question 14:

- A. so B. because C. although D. but

(TH) Question 15:

- A. therefore B. unless C. otherwise D. and

PART 2: Read the following leaflet and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 16 to 20. (1.25 points)

HELP FOR STRESSED TEENS – YOU'RE NOT ALONE

Teen life today comes with many challenges. From study pressure to friendships, everything can affect your mental well-being. At our Teen Help Centre, we support students who feel overloaded or (16) _____ with their emotions.

We believe the first step is to understand that stress is normal, (17) _____ there are always healthy ways to manage it. Students can try relaxation exercises, talk to friends or join social clubs.

You can also speak to a trained school counselor who will help you improve your (18) _____ management and plan your daily routine.

Sometimes, you may feel lost and unsure of what to do. It's important (19) _____ down and listen to your own feelings.

Remember: asking for help isn't weakness – it's a strong step toward (20) _____ better balance in life.

(NB) Question 16:

- A. confuses B. confuse C. confused D. confusing

(TH) Question 17:

- A. or B. so C. and D. but

(NB) Question 18:

- A. work B. study C. money D. time

(VD) Question 19:

- A. to slow B. worked C. fasten D. got

(TH) Question 20:

- A. to get B. to achieve C. to listen D. to have

C. READING (2.5 points)

PART 1: Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 21 to 25. (1.25 pts) 150-180w

If parents raise a child with the only goal of turning them into a genius, things can go terribly wrong. According to experts, this is one of the most common mistakes made by ambitious parents. Children may become focused only on meeting their parents' (21) _____ and feel pressured or even fail. Unrealistic goals can lead to stress and emotional problems.

However, if parents are (22) _____ and supportive, children still have the chance to succeed. Michael is a good example. He has a strong passion for music, and his parents support him fully. They take him to concerts, pay for private lessons, and even drive him long distances.

His father, a trumpet player, never (23) _____ him to enter music contests unless he feels ready. Michael feels encouraged and happy.

Winston, Michael's classmate, is not so lucky. His parents are famous musicians and have high (24) _____ of him. They sign him up for every piano competition, even when he doesn't want to join.

Winston is afraid of failure and often feels (25) _____ and unhappy under so much pressure.

(Adapted from Futurelang 8)

(TH) Question 21:

Children may become focused only on meeting their parents' _____.

- A. suggestions
- B. experiences
- C. expectations
- D. imaginations

(NB) Question 22:

However, if parents are _____ and supportive, children can succeed.

- A. unreal
- B. realistic
- C. unrealistic
- D. unrealistically

(NB) Question 23:

His father never _____ him to enter music contests.

- A. force
- B. forcing
- C. forces
- D. forced

(NB) Question 24:

His parents have high _____ of him.

- A. demands
- B. decisions
- C. expectations
- D. levels

(TH) Question 25:

Winston often feels _____ and unhappy.

- A. worried
- B. excited
- C. nervous
- D. stressed

PART 2: Read the following communication and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions from 26 to 30. (1.25 pts) 150-180w

Lan: Hey Minh, have you ever joined any school clubs?

Minh: Yeah, I'm in the Art Club. It's really fun and helps me relax after studying. What about you?

Lan: I'm thinking of joining the English Speaking Club. I heard that school clubs help students learn better by interacting with others.

Minh: That's true. Activities in clubs let us share our hobbies, make new friends, and even improve our social skills.

Lan: I agree! My teacher said joining a club can also help us build confidence and leadership.

Minh: Exactly. At our school, teachers try to balance study with extracurricular activities so students don't feel too stressed.

Lan: That sounds great. I sometimes feel that too much homework makes me tired, so joining a club might help.

Minh: Yes, and our school creates many clubs to match different interests—like music, science, sports, and drama. You'll find one that suits you!

Lan: Thanks, Minh! I'll definitely sign up for one this week.

(Adapted from Futurelang 8)

(NB) Question 26: What club is Minh a member of?

- A. The Drama Club
- B. The Art Club
- C. The Music Club
- D. The Sports Club

(NB) Question 27: Why does Minh like being in a club?

- A. It helps him stay focused in class
- B. It helps him feel more relaxed
- C. It gives him more homework
- D. It helps him get better marks

(NB) Question 28: What does Lan want to join?

- A. A Science Club

- B. A Study Group
- C. The English Speaking Club
- D. The Reading Group

(TH) Question 29: What do both Minh and Lan agree on?

- A. Clubs are only for top students
- B. Schools should not allow too many clubs
- C. Clubs help reduce school stress
- D. Only art-related clubs are fun

(VD) Question 30: What is the best title for this conversation?

- A. The Benefits of Doing Homework
- B. How to Organize a Club
- C. School Clubs and Teen Life
- D. The Rules of English Speaking Club

D. WRITING (2.5 points)

Part 1: Mark the letter A, B, C, or D on your answer sheet to indicate the correct arrangement of the sentences to make a meaningful paragraph in each of the following questions from 31 to 32 . (0.5 pt)

(TH) Question 31:

- a. No worries. I'll explain it to you now.
- b. Hi, Nam. I don't really understand how this time management chart works.
- c. Thanks. I want to learn how to organize my study and free time better.
- d. You just list your tasks for the day, then write down when and how long you'll do each one.

Which is the best arrangement?

- A. b – a – d – c
- B. b – d – a – c
- C. a – b – d – c
- D. d – b – a – c

(VD) Question 32:

- a. That makes sense. I think I'll start by joining a school club to reduce my stress.
- b. Sure. I usually make a to-do list, avoid checking my phone too much, and take

breaks between study sessions.

c. Thanks for the tips! Do you have any advice for better time management?

d. I've been feeling so stressed with school and my parents' expectations lately.

e. I know how you feel. I used to be the same, but I found ways to manage my time better.

Which is the best arrangement?

A. d – e – c – b – a

B. d – c – e – b – a

C. e – d – c – b – a

D. d – e – b – a – c

Part 2: Combine each pair of sentences to make one sentence, using the words given in brackets in each of the following questions from 33 to 36. (1,0pt)

(TH) Question 33:

Mai tries to stay healthy. She plays badminton every weekend. (SO)

→ _____

(TH) Question 34:

Nick didn't want to join the drama club. His teacher encouraged him. (BUT)

→ _____

(VD) Question 35:

You should speak to your parents about your stress. You will feel worse.

(OTHERWISE)

→ _____

(VD) Question 36:

Jenny has many friends. She sometimes feels lonely and confused. (HOWEVER)

→ _____

Part 3: Write a paragraph (80 - 100 words) about the advantages of sports that help teenagers reduce stress to have a healthy lifestyle. The following cues below might help you. (1.0 pt)

USEFUL LANGUAGE

- reduce stress
- improve health
- keep fit
- increase confidence
- teamwork and cooperation
- enjoy a healthy lifestyle
- the last but not least
- help balance school and life

OUTLINE

Introduction: Playing sports brings many benefits to teenagers.

Body:

- Sports reduce stress from schoolwork.
- Physical activities help improve fitness and health.
- Sports teach teamwork, discipline, and build self-confidence.
- Sports help teens balance study and life better.

Conclusion: Sports are a great way to stay healthy, happy, and stress-free.

Writing Sample

There are many advantages of playing sports for teenagers. First of all, sports help reduce stress caused by schoolwork and exams. When teens play football, badminton, or go swimming, they feel more relaxed and happy. Sports also help improve their health and keep them fit. Secondly, team sports like basketball or volleyball teach young people how to cooperate and build strong friendships. This increases their confidence and teaches them discipline. The last but not least, sports

allow teens to balance study with fun, which is very important for a healthy lifestyle. That's why every teenager should play sports regularly.

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