

## REVIEW UNIT 3: TEENAGERS - TEST 1

**Môn: Tiếng Anh – Lớp 8** **Bộ sách: Global Success**  
**Thời gian làm bài: 60 phút**

### A. LISTENING: (2.5 points)

**PART 1: Listen to the audio talking about TEENAGERS and complete the blanks with NO MORE THAN TWO WORDS. You can listen to the recording TWICE.(1.0 point) 140-160W**

**(NB)** 1. Many teenagers try hard at school because they want a good \_\_\_\_\_.

**(NB)** 2. One reason teens feel pressure is from \_\_\_\_\_ and social media.

**(TH)** 3. Doctors believe that sleeping well is more important than drinking \_\_\_\_\_.

**(VD)** 4. Teenagers can reduce stress by learning good \_\_\_\_\_ skills.

**PART 2: Listen to the communication about TEENAGERS. Circle A, B C or D to answer each question. You will listen TWICE.(1.5 points) skill 2 140-160W**

**(TH) Question 5: What stress does Minh have?**

- A. He has trouble making friends.
- B. He doesn't enjoy doing sports.
- C. His parents expect too much from him.
- D. He doesn't like school.

**(NB) Question 6: Why is Minh tired?**

- A. He plays too many games.
- B. He goes to many classes.
- C. He travels every weekend.
- D. He eats too much food.

**(TH) Question 7: What advice did Ann give to Minh?**

- A. Study fewer subjects.
- B. Tell his parents what he really likes.

- C. Quit all extra classes immediately.
- D. Ask friends for help with classes.

**(NB) Question 8: What does Ann focus on now?**

- A. Music and art.
- B. Her exam results.
- C. Her health and weight.
- D. Her homework.

**(VD) Question 9: How does Mi feel about Ann's appearance?**

- A. She thinks Ann looks too skinny.
- B. She thinks Ann looks healthy.
- C. She thinks Ann should join a gym.
- D. She thinks Ann studies too much.

**(VD) Question 10: What is Mi's problem with her sister?**

- A. Her sister doesn't talk to her.
- B. Her sister makes fun of her.
- C. Her sister copies her homework.
- D. Her sister is jealous and starts arguments.

**B. KNOWLEDGE OF LANGUAGE: (2,5 points)**

**PART 1: Read the following advertisement/ announcement and mark the letter A, B, C and D on your answer sheet to indicate the option that best fit each of the numbered blanks from 11 to 15 (1.25 points)**

**SCHOOL COUNSELING FOR TEENS: A SAFE PLACE TO TALK**

Teenagers often deal with emotional and academic (11) \_\_\_\_\_ that can be difficult to handle. When they feel under too much (12) \_\_\_\_\_, they might not know where to turn for help. That's why many schools now offer (13) \_\_\_\_\_ services where students can talk about their problems with trained staff.

These services are helpful, (14) \_\_\_\_\_ some students still feel nervous about sharing their personal issues. Counselors always try to be supportive; (15) \_\_\_\_\_ students begin to feel more confident and relaxed after the first meeting.

**(NB) Question 11:**

- A. challenge
- B. challenges
- C. challenging
- D. challenged

**(NB) Question 12:**

A. knowledge      B. pressure      C. permission      D. suggestion

**(NB) Question 13:**

A. counseling      B. counsel      C. counsels      D. counselling

**(TH) Question 14:**

A. or      B. so      C. but      D. and

**(TH) Question 15:**

A. therefore      B. otherwise      C. although      D. however

**PART 2: Read the following leaflet and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 16 to 20. (1.25 points)**

**TEENS' SUPPORT CORNER – DEALING WITH STRESS**

Being a teenager can be tough. You may feel stressed about schoolwork, relationships, or your future. That's why we're here to help! At our Teen Support Corner, we provide advice and share tips so that you can manage your stress better. Some teens try to hide their feelings, (16) \_\_\_\_\_ that often makes things worse. It's better to talk to someone you trust.

You can also try joining online forums or school clubs to (17) \_\_\_\_\_ with others who understand you.

Our counselors can help you set goals and improve your (18) \_\_\_\_\_ skills.

If you feel pressure, take a deep breath, pause for a moment, and (19) \_\_\_\_\_ whether your decisions are really what you want.

Remember: Stress is common, but with support and effort, you'll find the (20) \_\_\_\_\_ way to deal with it.

**(TH) Question 16:**

A. but      B. although      C. because      D. and then

**(NB) Question 17:**

A. argue      B. connect      C. complain      D. ignore

**(NB) Question 18:**

A. talking      B. working      C. thinking      D. communication

**(VD) Question 19:**

A. has      B. go      C. to decide      D. to get

**(NB) Question 20:**

A. useful      B. special      C. best      D. early

**C. READING (2.5 points)**

**PART 1: Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 21 to 25. (1.25 pts) 150-180w**

Joining a school club can be one of the best ways to reduce stress for teenagers. These clubs offer a chance to do things students enjoy and forget about school pressure for a while. In many clubs, members take part in fun and meaningful activities (21) \_\_\_\_\_ help them relax and grow.

School clubs also help students build new friendships. (22) \_\_\_\_\_ students come from different classes, they get to know more peers and feel more connected at school. This helps them avoid the feeling of isolation. Clubs also (23) \_\_\_\_\_ teamwork and communication.

For example, when planning an event, students need to talk, share ideas, and solve problems together. These activities help them (24) \_\_\_\_\_ useful life skills such as decision making and cooperation.

In short, clubs not only bring joy but also teach teenagers to manage stress better. (25) \_\_\_\_\_, they play an important role in student development.

*(Adapted from Global workbook 8)*

**(TH) Question 21:**

A. where they can  
B. because they  
C. when they don't  
D. that can

**(NB) Question 22:**

- A. But
- B. Because
- C. Or
- D. And

**(NB) Question 23:**

- A. support
- B. supports
- C. supporting
- D. supported

**(NB) Question 24:**

- A. gains
- B. gain
- C. gaining
- D. gained

**(TH) Question 25:**

- A. However
- B. Therefore
- C. Meanwhile
- D. Otherwise

**PART 2: Read the following communication and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions from 26 to 30. (1.25 pts) 150-180w**

**Ms Kate:** Hi Vy. Why don't you join your classmates in playing shuttlecock?

**Vy:** I'd like to, but they may not want me to join.

**Ms Kate:** Have you asked them?

**Vy:** I'm pretty sure they won't let me. They laugh at me in maths class. I don't like maths and I'm not good at it.

**Ms Kate:** So, what subjects do you like?

**Vy:** English and history. I love reading about past events. I can read well in English and remember things easily.

**Ms Kate:** That's wonderful! Not everyone does well in those. So, do you want to be a historian?

**Vy:** Definitely! But my classmates laughed at me when I said that.

**Ms Kate:** Don't be nervous. You should be confident in your strengths and show others what you can do. I'll start a discussion about respect on the school forum soon.

*(Adapted from Global workbook 8)*

**(NB) Question 26.** What subject does Lan dislike at school?

- A. Science
- B. English
- C. History
- D. Maths

**(NB) Question 27.** Why doesn't Vy want to join her classmates?

- A. She is busy studying.
- B. She thinks they don't want her to join.
- C. She prefers to read books.
- D. She has no time to play games.

**(NB) Question 28.** What is Vy interested in?

- A. Doing sports with her classmates
- B. Drawing and painting
- C. Reading English and learning history
- D. Playing musical instruments

**(TH) Question 29.** What does Ms Kate advise Vy to do?

- A. Ask her parents for help
- B. Be more confident and speak up
- C. Change her favorite subjects
- D. Stop playing outside

**(VD) Question 30.** What is the best title for this passage?

- A. Believe in Your Strengths
- B. Vy's Maths Homework
- C. A Day at the Playground
- D. Ms Kate's History Class

#### **D. WRITING (2.5 points)**

**Part 1: Mark the letter A, B, C, or D on your answer sheet to indicate the correct arrangement of the sentences to make a meaningful paragraph in each of the following questions from 31 to 32 . (0.5 pt)**

**(TH) Question 31:**

- a. Thank you. Do I need a password?
- b. Sure. First, go to the website and click “Student Login”.
- c. Can you tell me how to log in to the online forum, please?
- d. Yes, use the one your teacher gave you at the beginning of the term.

Which is the best arrangement?

- A. c – b – a – d
- B. b – a – d – c
- C. a – c – b – d
- D. b – c – a – d

**(VD) Question 32:**

- a. Of course. It's just behind the library. You'll see the Science Club poster on the door.
- b. Excuse me. Could you help me find the Science Club room, please?
- c. You're welcome. Let me know if you need more help later.
- d. Thank you so much! I've been looking for it since this morning.
- e. Oh, I didn't realize it was that close. I must have walked past it!

- A. b – a – e – d – c
- B. b – a – d – e – c
- C. a – b – d – e – c
- D. b – d – a – e – c

**Part 2: Combine each pair of sentences to make one sentence, using the words given in brackets in each of the following questions from 33 to 36. (1,0pt)**

**(TH) Question 33:**

Tom studies hard. He wants to make his parents proud. (SO)

→ \_\_\_\_\_

**(TH) Question 34:**

Anna was feeling very stressed. She talked to the school counselor.

**(THEREFORE)**

→ \_\_\_\_\_

**(VD) Question 35:**

We don't manage our time well. We miss deadlines. (**OTHERWISE**)

→ \_\_\_\_\_

**(VD) Question 36:**

David is a good student. He struggles with peer pressure. (**HOWEVER**)

→ \_\_\_\_\_

**Part 3: Write a paragraph (80 - 100 words) about the cause(s) of your stress and offer solutions. The following cues below might help you. (1.0 pt)**

**USEFUL LANGUAGE**

- high expectations from parents
- too much homework
- pressure from exams
- peer pressure
- spend too much time online
- feel tired and lack focus
- talk to family members
- take breaks / do exercise
- join a club
- manage time better

**OUTLINE****Introduction:**

I often feel stressed because of several reasons.

## **Body:**

- Problem 1: too much homework and pressure from exams → tired and anxious
- Problem 2: high expectations from parents → feel overwhelmed
- Solution 1: talk to parents / do exercise / manage time better
- Solution 2: join a club to relax and feel supported

**Conclusion (optional):**

These are the reasons and how I deal with stress. I try to balance study and life.

## Writing Sample

I often feel stressed because of schoolwork and high expectations from my parents. I have a lot of homework every day and I also feel anxious about upcoming exams. My parents want me to get top results, so sometimes I feel overwhelmed and tired. To deal with this, I try to manage my time more carefully. I write a daily plan and make sure I have time to relax. I also do exercise or join my school's music club to feel better. These activities help me reduce stress and enjoy school life more.