

Cycling Adventure!

Liam loved riding his bicycle more than anything. To him, cycling felt like **freedom** — the wind in his hair, the world flying by, and endless roads to explore!

One summer, Liam and his sister Mia went on a cycling trip through the mountains. As they pedaled higher and higher, the **altitude** increased. “Whew!” said Mia. “It’s harder to breathe up here!” Liam nodded. “That’s because there’s less **oxygen** in the air when you’re high up.”

Even though it was tough, they kept going. Their legs were tired, but they used all their **energy** to keep climbing the hill. Finally, they reached the top and looked down at the amazing view.

That night, they stayed in a cozy little **hostel** at the edge of the forest. It wasn’t fancy, but it had warm beds and yummy food — just what they needed after a long day of riding.

The next morning, they looked at their map and picked a new **route** to follow. “Let’s see where the road takes us today!” said Liam with a smile.

And off they went, two kids, two bikes, and a whole world to discover.

Cycling Adventure – Multiple Choice Questions

1. What did cycling feel like to Liam?

- a) A boring task
 - b) A fun race
 - c) Freedom
 - d) A way to get tired
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2. Why was it harder to breathe as they went higher into the mountains?

- a) There were too many trees
- b) The road was too steep
- c) There were animals nearby
- d) There was less oxygen in the air

3. What is a *hostel* in the story?

- a) A fancy hotel with a pool
 - b) A place where people stay overnight while traveling
 - c) A small restaurant in the city
 - d) A type of bicycle
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4. How did Liam and Mia feel after reaching the top of the hill?

- a) Angry and annoyed
 - b) Cold and sleepy
 - c) Proud and excited
 - d) Bored and tired of cycling
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5. What did Liam and Mia do the next morning?

- a) Stayed in bed all day
 - b) Rode home on a bus
 - c) Looked at their map and picked a new route
 - d) Played video games in the hostel
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6. What does the word *altitude* mean?

- a) A type of bike gear
 - b) A gas in the air
 - c) How high something is
 - d) A kind of road
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7. What helped Liam and Mia keep cycling even when they were tired?

- a) A scooter
 - b) Energy
 - c) A snack shop
 - d) A downhill path
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8. What did Liam say when they chose a new route?

- a) "I want to go home."
- b) "Let's go to sleep again."
- c) "Let's see where the road takes us today!"
- d) "Let's take the bus instead."