

## Past tense : Simple and progressive

### Worksheet One

#### Multiple Choice Questions: Past Simple & Past Progressive

##### 1. Which sentence is in the past simple tense?

- a) She was reading a book.
- b) She reads a book.
- c) She read a book yesterday.
- d) She is reading a book.

##### 2. Which sentence is in the past progressive tense?

- a) They played football yesterday.
- b) They are playing football now.
- c) They were playing football when it rained.
- d) They play football every day.

**3. What is the correct past simple form of "go"?**

- a) goed                      b) going                      c) went                      d) gone

**4. Identify the correct past progressive sentence.**

- a) She cooked dinner last night.  
b) She cooks dinner every night.  
c) She was cooking dinner when I called.  
d) She is cooking dinner now.

**5. Which sentence correctly uses the past simple?**

- a) I was watch TV yesterday.                      b) I watched TV yesterday.  
c) I watching TV yesterday.                      d) I was watched TV yesterday.

**6. Past progressive is often used to show:**

- a) A completed action in the past  
b) A habit in the present  
c) An ongoing action in the past interrupted by another action  
d) A future plan

**7. Which sentence shows past progressive correctly?**

- a) He was run to school.  
b) He ran to school yesterday.  
c) He was running to school when I saw him.  
d) He is running to school now.

**8. Which is correct?**

- a) They was playing football yesterday.
- b) They were playing football yesterday.
- c) They playing football yesterday.
- d) They play football yesterday.

**9. Which sentence is past simple?**

- a) We were eating lunch at 1 p.m. yesterday.
- b) We eat lunch at 1 p.m. every day.
- c) We ate lunch at 1 p.m. yesterday.
- d) We eating lunch at 1 p.m. yesterday.

**10. Choose the correct past progressive sentence.**

- a) The children play in the garden yesterday.
- b) The children were playing in the garden yesterday.
- c) The children playing in the garden yesterday.
- d) The children was play in the garden yesterday.

**11. Which is the correct past simple negative form?**

- a) He didn't went to school.
- b) He didn't go to school.
- c) He wasn't go to school.
- d) He no went to school.

**12. Which sentence uses past progressive correctly?**

- a) She wasn't watch TV when I arrived.

- b) She wasn't watching TV when I arrived.
- c) She didn't watching TV when I arrived.
- d) She didn't watched TV when I arrived.

**13. Which is correct?**

- a) I was sleep when the phone rang.
- b) I slept when the phone rang.
- c) I was sleeping when the phone rang.
- d) I sleep when the phone rang.

**14. Which sentence is in the past simple?**

- a) They were studying all night.
- b) They studied all night.
- c) They are studying all night.
- d) They studies all night.

**15. Which sentence shows two past actions, one interrupting the other?**

- a) She was reading when the lights went out.
- b) She reads when the lights go out.
- c) She read when the lights goes out.
- d) She is reading when the lights went out.

**16. Which is correct in past progressive?**

- a) I was drive to work when I saw him.
- b) I was driving to work when I saw him.
- c) I drive to work when I saw him.
- d) I drove to work when I was see him.

**17. Past simple is often used for:**

- a) Completed actions in the past
- b) Continuous actions in the present
- c) Future predictions
- d) Describing habits in the future

**18. Choose the correct past simple sentence.**

- a) She bought a new phone yesterday.
- b) She buys a new phone yesterday.
- c) She bought a new phone yesterday.
- d) She buying a new phone yesterday.

**19. Which is correct in past progressive negative form?**

- a) We weren't working at 5 p.m. yesterday.
- b) We not working at 5 p.m. yesterday.
- c) We wasn't working at 5 p.m. yesterday.
- d) We didn't working at 5 p.m. yesterday.

**20. Which sentence correctly combines past simple and past progressive?**

- a) While I cooked, the guests arrived.
- b) While I was cooking, the guests arrived.
- c) While I cook, the guests were arriving.
- d) While I was cook, the guests arrived.