

Past tense : Simple and progressive

Worksheet One

Multiple Choice Questions: Past Simple & Past Progressive

1. Which sentence is in the past simple tense?

- a) She was reading a book.
- b) She reads a book.
- c) She read a book yesterday.
- d) She is reading a book.

2. Which sentence is in the past progressive tense?

- a) They played football yesterday.
- b) They are playing football now.
- c) They were playing football when it rained.
- d) They play football every day.

3. What is the correct past simple form of "go"?

a) goed b) going c) went d) gone

4. Identify the correct past progressive sentence.

a) She cooked dinner last night.
b) She cooks dinner every night.
c) She was cooking dinner when I called.
d) She is cooking dinner now.

5. Which sentence correctly uses the past simple?

a) I was watch TV yesterday. b) I watched TV yesterday.
c) I watching TV yesterday. d) I was watched TV yesterday.

6. Past progressive is often used to show:

a) A completed action in the past
b) A habit in the present
c) An ongoing action in the past interrupted by another action
d) A future plan

7. Which sentence shows past progressive correctly?

a) He was run to school.
b) He ran to school yesterday.
c) He was running to school when I saw him.
d) He is running to school now.

8. Which is correct?

- a) They was playing football yesterday.
- b) They were playing football yesterday.
- c) They playing football yesterday.
- d) They play football yesterday.

9. Which sentence is past simple?

- a) We were eating lunch at 1 p.m. yesterday.
- b) We eat lunch at 1 p.m. every day.
- c) We ate lunch at 1 p.m. yesterday.
- d) We eating lunch at 1 p.m. yesterday.

10. Choose the correct past progressive sentence.

- a) The children play in the garden yesterday.
- b) The children were playing in the garden yesterday.
- c) The children playing in the garden yesterday.
- d) The children was play in the garden yesterday.

11. Which is the correct past simple negative form?

a) He didn't went to school.	b) He didn't go to school.
c) He wasn't go to school.	d) He no went to school.

12. Which sentence uses past progressive correctly?

- a) She wasn't watch TV when I arrived.

- b) She wasn't watching TV when I arrived.
- c) She didn't watching TV when I arrived.
- d) She didn't watched TV when I arrived.

13. Which is correct?

- a) I was sleep when the phone rang.
- b) I slept when the phone rang.
- c) I was sleeping when the phone rang.
- d) I sleep when the phone rang.

14. Which sentence is in the past simple?

- a) They were studying all night.
- b) They studied all night.
- c) They are studying all night.
- d) They studies all night.

15. Which sentence shows two past actions, one interrupting the other?

- a) She was reading when the lights went out.
- b) She reads when the lights go out.
- c) She read when the lights goes out.
- d) She is reading when the lights went out.

16. Which is correct in past progressive?

- a) I was drive to work when I saw him.
- b) I was driving to work when I saw him.
- c) I drive to work when I saw him.
- d) I drove to work when I was see him.

17. Past simple is often used for:

- a) Completed actions in the past
- b) Continuous actions in the present
- c) Future predictions
- d) Describing habits in the future

18. Choose the correct past simple sentence.

- a) She buyed a new phone yesterday.
- b) She buys a new phone yesterday.
- c) She bought a new phone yesterday.
- d) She buying a new phone yesterday.

19. Which is correct in past progressive negative form?

- a) We weren't working at 5 p.m. yesterday.
- b) We not working at 5 p.m. yesterday.
- c) We wasn't working at 5 p.m. yesterday.
- d) We didn't working at 5 p.m. yesterday.

20. Which sentence correctly combines past simple and past progressive?

- a) While I cooked, the guests arrived.
- b) While I was cooking, the guests arrived.
- c) While I cook, the guests were arriving.
- d) While I was cook, the guests arrived.