PRONUNCIATION

I. Choose the word having the underlined letters pronounced differently.

1. A. <u>ch</u>air	**B.** s<u>ch</u>ool	**C.** cou<u>ch</u>	**D.** <u>ch</u>ildren
2. A. s<u>o</u>metimes	**B.** m<u>o</u>ment	**C.** st<u>o</u>ve	**D.** cl<u>o</u>se
3. A. <u>h</u>omework	**B.** <u>h</u>ouse	**C.** <u>h</u>our	**D.** <u>h</u>ere
4. A. f<u>u</u>n	**B.** <u>u</u>nhappy	**C.** n<u>u</u>mber	**D.** st<u>u</u>dent
5. A. st<u>a</u>rt	**B.** c<u>a</u>rrot	**C.** p<u>a</u>rtner	**D.** p<u>a</u>rty

II. Choose the best answer.

6. How often do you_____a text message?

A. give **B.** send **C.** call **D.** meet

7. Anna _____Lucy an instant message.

A. is sending **B.** is using **C.** are using **D.** are sending

8. He usually use __like emoticons and emojis in messages.

A. letters **B.** messages **C.** symbols **D.** cards

9. A man and a woman _____on a bench.

A. is sitting **B.** are sitting **C.** sits **D.** doesn't sit

10. _____painting the picture.

A. Are the boy **B.** The boys are **C.** Is the boys **D.** The boys is

11. The man _____a conversation on the phone now..

A. have **B.** has **C.** is having **D.** are having

12. I don't mind being _____the bus.

A. in **B.** on **C.** at **D.** in front of

13. _____do you watch TV? – Well, just sometimes.

A. Where **B.** When **C.** What **D.** How often

14. His friends usually _____to music on his phone.

A. listen **B.** listens **C.** to listen **D.** listening

15. _____your sister like the trainers?

A. Do **B.** Is **C.** Are **D.** Does

16. He _____the videos two times a year.

A. makes **B.** costs **C.** collects **D.** bakes

17. My mum doesn't _____TV in my room.

A. allow **B.** make **C.** let **D.** spend

LIVEWORKSHEETS

LISTENING

III. Listen to three conversations and choose the best option, A, B or C.

Conversation 1:

18: Where is David?

A. At home **B.** In the park **C.** At school

19: How is the phone line?

A. Bad **B.** Clear **C.** Good

Conversation 2:

20: Who is using Susan's phone?

A. David **B.** Susan **C.** Janet

21: What will Ollie do after the phone call?

A. Top up his phone **B.** Call Janet back **C.** Ask Janet to send a message

Conversation 3:

22: Who is Anthony?

A. The woman's grandson

B. A man from the bank

C. The woman's husband

READING

IV. Read the text and answer the questions.

Getting a good night's sleep

Sleep is very important. It lets your body and mind rest after a busy day. Everyone has trouble sleeping sometimes. There are things you can do to help you sleep better. Think about what you drink in the afternoon and evening. Cola drinks can keep you awake. Don't eat too much before bedtime and have at least an hour after dinner to let your food go down. Try to get some fresh air each day. You don't have to do a sport every day. Just going outside is good.

Try not to have your bedroom too hot or too cold. Put a nightlight on if you like to have some light. Try dark curtains if you don't. Try to go to bed at the same time each day. This should be the same at weekends as well as on school nights.

Have a warm bath or shower before bed to relax you. A milky drink could also help you sleep. Don't watch the television or use a phone or tablet before bed. The light they give off can wake up your brain. Remember to go to the toilet before you go to bed.

23. How often does everyone have trouble sleeping?

A. always **B.** sometimes **C.** usually

24. Which kind of drink is NOT good for sleeping?

A. milky drinks **B.** water **C.** Cola drinks

25. How does the writer say about food before bedtime?

LIVEWORKSHEETS

A. You can eat as much as you like.

B. You shouldn't eat too much.

C. It is pleasant.

26. The light from television or phone could

A. wake your brain up.

B. help your brain sleep quickly.

C. relax your body.

27. What is the main idea of the text?

A. Give advice on how to sleep well

B. Describe eating habit before bed

C. Talk about the importance of light

V. Write an email (3-40 words) to your friend to reply his note.

Eric: I spend about two hours watching TV every day. Do you like watching TV? What programs do you like to watch?

-----THE END-----

LIVEWORKSHEETS