Eating Habits

Activity Type

Speaking Activity: asking and answering questions from prompts (pair work)

Focus

Food and drink

Eating habits

Aim

To ask and answer questions about eating habits.

Preparation

Make one copy of the worksheet for each student.

Level

Pre-intermediate (A2)

Time

25 minutes

Introduction

In this eating habits questionnaire activity, students ask and answer questions about eating habits.

Procedure

Divide the students into pairs.

Give each student a copy of the worksheet.

Go through the questions and vocabulary on the worksheet together as a class.

Students then take it in turns to ask and answer the questions about eating habits and write their partner's answers on the worksheet.

When the students have finished, have them report back to the class on their partner's eating habits.

Any interesting findings can be discussed in more detail.

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Eating Habits

1. Look at the pictures.

Which food do you like and dislike?

Is there any food you hate?

2. Are you a vegetarian? Why(not)?

3. Have you tried...? (Tick your partner's answers)

Indian food	( )	Mexican food	( )
Thai Food	( )	Korean food	( )
Japanese food	( )	Italian food	( )

Which did you like best and why?

4. What other kinds of food have you tried?

5. How often do you cook? What do you like to cook?

6. Are you careful about what you eat or drink?

Is there anything you try not to eat or drink too often?

7. Ask questions with countable and uncountable nouns.

How much (fruit) do you eat a day/week?

How much (water) do you drink a day?

How many (sweets) do you eat a day/week?

How many (cups of coffee) do you drink a day?

8. Do you think your diet is healthy? Why(not)?

9. Do you usually have breakfast?

What do you usually have?

10. What's your favourite meal? Why?

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