

Part 1**Questions 1 to 7**

You will hear people talking in seven different situations. For questions 1 to 7, choose the correct answer (A, B, or C).

You will hear each recording **twice**. Answer all the questions.

- 1 Why is Alice worried about John?
 - A John was sick.
 - B John was overweight.
 - C John was not eating well.

- 2 Which activity was not mentioned by the woman?
 - A Meet new people.
 - B Eat delicious food.
 - C Enjoy water activities.

- 3 What is the best way to stay safe at home?
 - A Keep a first aid kit.
 - B Lock doors and windows.
 - C Switch off all electrical appliances when not in use.

- 4 What is the solution to stop littering?
 - A Show respect to nature.
 - B Always use rubbish bins.
 - C Reduce the use of plastic.

- 5 What is the basic thing her gadget can do?
 - A Make calls.
 - B Snap photos.
 - C Surfing the Internet.

- 6 Why Lucy has to try the dish?
 - A Lucy likes spicy food.
 - B Lucy loves delicious food.
 - C It is Malaysia's traditional dish.

- 7 Which pair of shoes will the woman pick?
 - A A pair of black heels.
 - B A pair of black shoes.
 - C A pair of brown shoes.

Part 2**Questions 8 to 15**

You will hear a girl talking about Gen-Z. For questions 8 to 15, choose the correct answer (A, B, or C).

You will hear each recording **twice**. Answer all the questions.

- 8 Where does the term “Strawberry Generation” come from?
A China
B Taiwan
C Malaysia
- 9 What is the main cause of mental health problems among youngsters?
A They are well protected by their parents.
B They received social pressure and criticism.
C They are too sensitive with their surroundings.
- 10 Which of the following is false about youths’ mental health conditions?
A It worsened during various lockdowns.
B It worsened after Covid-19 vaccination.
C It worsened during Covid-19 pandemic.
- 11 According to the Malaysian Mental Health Index, what is the biggest issue of youth?
A Mild anxiety
B Mild depression
C Disruptive behaviour
- 12 Who should show support to help ease the problems?
A Individuals
B Government
C Family and friends
- 13 Why do youngsters use social media and online platforms during lockdowns?
A For studies
B For entertainment
C For social interactions
- 14 How social media helps improve youth’s mental health problems?
A Connecting family and friends.
B Offers resources and support networks.
C Share problems publicly for comments and support.
- 15 What is the reason for pupils switching off their cameras during online classes?
A Fear of being judged
B Fear of being well known
C Fear of answering questions

Part 3**Questions 16 to 20**

You will hear five short extracts in which five speakers are talking about their favourite sports. For questions **16 to 20**, choose from the list (**A to G**) what each speaker says. Use the letters only once. There are two extra letters which you do not need to use.

You will hear each recording **twice**. Answer all the questions.

A	A well-played round on the course is very rewarding.	Speaker 1		16
B	Chances of winning depend on a single player.	Speaker 2		17
C	Focus of this sport is to improve individual time.	Speaker 3		18
D	Powerful serve or performing a perfect volley is a joy.	Speaker 4		19
E	It is a fast-paced game that connects the entire world.	Speaker 5		20
F	An individual sport that demands physical endurance only.			
G	It requires physical fitness and mental sharpness.			

Part 4**Questions 21 to 30**

You will hear an interview with a psychologist talking about the benefits of reading authentic materials compared to online materials.

For questions **21 to 30**, fill in the missing information in each numbered space.

Use **NO MORE THAN ONE WORD** for each space.

You will hear each recording **twice**. Answer all the questions.

Authentic Materials vs Online Materials

Authentic materials are texts such as (21) _____, novels, and magazines, that expose learners to real vocabulary, expressions, and (22) _____ which helps learners understand how native (23) _____ use the language naturally. While online materials can also be authentic but they are simplified versions and don't always (24) _____ real life language. They are good for staying informed about updates and (25) _____. Therefore, it is best to use (26) _____ in language learning. In addition, reading books and printed materials can improve (27) _____ and concentration as well as reduces (28) _____ time. Anyone can start with topics that are interesting to stay (29) _____ by reading easier texts before slowly move to more complex ones to see improvement. Reading is a journey that helps people to be more (30) _____ in the future.