

READING TEST ĐỀ 7

Part 1: Fill in the blanks.

Dear Mrs Grant,

Thank you very much for letting me *staying / stayed / stay* with you in Oxford. I *was / had / enjoyed* a lovely time.

Now, my friends and I are in a camping holiday. *There / They / It* are only eight tents on the camp-site and every day we visit a different place. Yesterday we walked to a small town and *went / did / bought* some shopping. Last night it rained *or / so / but* today it is sunny.

Tomorrow, we are going to go fishing. I hope we *catch / buy / grab* a lot of fish!

I will write again soon.

Yours,

Ali

Part 2.1: Arrange the sentences into a complete paragraph.

Famous singer

Câu số 1:

Câu số 2:

Câu số 3:

Câu số 4:

Câu số 5:

READING TEST ĐỀ 7

Part 2.2: Arrange the sentences into a complete paragraph.

Betty Barr's life

Câu số 1:

Câu số 2:

Câu số 3:

Câu số 4:

Câu số 5:

Part 3:

Extreme sport

Person A:

Before trying any extreme sport, I believe it's absolutely essential to train properly. These kinds of activities are exciting, but they can also be dangerous if you don't know what you're doing. I've seen people get hurt because they didn't prepare well. That's why I always make sure to take a training course and understand the safety rules before I try anything new. With the right preparation, I think extreme sports can be a great experience.

READING TEST ĐỀ 7

Part 3:

Extreme sport

Person B:

I've always been more into traditional sports like swimming, running, or playing tennis. They're fun and easy to do regularly. But a few months ago, I went bungee jumping during a holiday, and it was an incredible experience. I didn't expect to enjoy it so much! I still prefer regular sports for everyday fitness, but now I'm definitely more open to trying extreme sports once in a while for the adventure.

Person C:

What I love most about extreme sports is how they let me enjoy nature in a different way. Activities like rock climbing or mountain biking allow me to explore amazing places while challenging myself physically and mentally. It's a way to disconnect from daily life and feel completely alive. If I had more time and money, I'd love to do these kinds of sports more often — especially in wild, remote areas.

READING TEST ĐỀ 7

Part 3:

Extreme sport

Person D:

I know some people find extreme sports exciting, but for me, they've never been important. I actually avoid them as much as possible. I don't like the idea of putting myself in danger just for fun. There are plenty of safer ways to stay active and enjoy life. I'd rather go for a walk or do yoga than jump out of a plane or climb a mountain. It's just not my thing.

Whose idea was this?

1. still like extreme sports after playing once _____
2. want to play more extreme sports _____
3. find extreme sports unimportant _____
4. always avoid playing extreme sports _____
5. enjoy nature _____
6. find training before participating important _____
7. like traditional sports like swimming _____

Part 4:

The Arrival of the Four-Day Work Week

1. For many decades, working five or even six days a week was seen as the norm. However, with modern technology, changing values, and a greater focus on work-life balance, that lifestyle is becoming less relevant. Employees and companies alike are beginning to question whether spending most of one's week at work is still necessary or productive.
2. Supporters of the four-day work week argue that it offers numerous advantages for workers. With an extra day off, employees have more time to rest, spend with family, or pursue hobbies. Studies show that many people become more focused and productive when working fewer hours, leading to better performance and increased job satisfaction.
3. Despite its appeal, a shorter work week can also lead to financial strain. Businesses may face higher costs due to hiring additional staff or adjusting pay structures. Some industries—especially those that rely on hourly workers—might struggle to maintain profit margins, potentially resulting in reduced services or even layoffs.
4. Not all employees adjust easily to a new schedule. Some may find it difficult to complete the same amount of work in fewer days, which can increase pressure and stress. In fast-paced industries, unexpected challenges may arise, such as scheduling conflicts or missed deadlines, making the transition more complicated than expected.
5. For those who have followed a traditional work schedule for years, switching to a four-day week can be uncomfortable. Old habits and routines are hard to break, and some individuals may resist change even if it's beneficial. It often takes time and support to help people adapt to a new way of working.

READING TEST ĐỀ 7

Part 4:

The Arrival of the Four-Day Work Week

6. Although the four-day week sounds ideal for many, it might not be fair to everyone. For example, essential workers, healthcare staff, or those in hospitality may not have the option to reduce their hours. This could create inequality between different groups of employees and cause tension in the workplace.

7. Rather than applying a four-day week to all companies, experts suggest looking at flexible solutions. Some propose allowing employees to choose their working days, while others support shorter daily hours. These alternatives can offer similar benefits without disrupting businesses that rely on traditional schedules.

Read the text. Match the headings to the paragraphs.

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____